

PACE CNY – Hybrid Programs

P1 Therapeutic Recreation (TR) Calendar

March 2026



Gemstone: Aquamarine



Flower: Daffodil

Director, Therapeutic Recreation

Pepper Hess [phess@lorettosystem.org](mailto:p Hess@lorettosystem.org) 315-413-3330

Recreation Therapists

Matthew Morrison mmorriso@lorettosystem.org 315-413-3303 (P2A)

Brenda Williams bwilliams5@lorettosystems.org 315-413-3305 (P2A)

Maria Reid mreid2@lorettosystem.org 315-413-3365 (P2B)

Christine Ronk cronk@lorettosystem.org 315-413-3365 (P2B)


Saige Jackson, CTRS sjackson@lorettosystem.org 315-413-4534 (P1)

Katrina Fetterolf kfetterolf@lorettosystem.org 315-413-4508 (P1)

To Join Therapeutic Recreation Programs:

PACE CNY TR Zoom Room (606 165 3188, Passcode EewRC)

If you are interested in Zoom programs and have an e-mail for invite, please forward to TR staff.

P1: PACE DC (N. Syr.)	P1 HR: Horizon's Rm (N. Syr.)
P2 DC1: PACE (E. Syr.)	P2 DC2: PACE (E. Syr.)
P2 DC3: PACE (E. Syr.)	P2 AR: Art Room
P2 ED: Education Room	P2 P: Patio
ZM: ZOOM Room	 Physical Program

Monday, March 2nd

- 10:30** Seated Exercise (DC) 🦵
11:00 Bingo: Saige (DC)
11:00 Rosary: SR Linda (HR)
12:45 Entertainment: Howie Bartolo (DC)
1:00 March Trivia & Tunes: Katrina (HR & ZM)

Purim Begins at Sundown

Tuesday, March 3rd

- 10:30** Seated Exercise (DC) 🦵
11:00 PACE Singers: Tim (DC)
11:00 Finish the Song Lyric: Saige (ZM)
11:45 Sign up for Dollar Tree: Katrina (DC)
1:00 Sing Along: Katrina (DC)
1:00 Scrabble: Saige (HR)
1:15 I'd Rather Be Warm: Brenda (ZM)

Wednesday, March 4th

- 10:30** Seated Exercise (DC) 🦵
11:00 Balloon Volley: Katrina (DC) 🦵
11:00 Egyptian Faience Bowl: Saige (HR)
11:00 Name That Tune: Brenda (ZM)
1:00 Bingo: Katrina (DC)
1:00 Egyptian Faience Bowl: Saige (HR)

Thursday, March 5th

- 10:30** Seated Exercise (DC) 🦵
11:00 True or False: Katrina (DC & ZM)
11:00 Connect 4 Showdown: Saige (HR)
1:00 Let's Bowl: Katrina (DC) 🦵
1:00 Crafting Catch up: Saige (HR)
2:00 Trivia Time: Christy (ZM)

Friday, March 6th

10:30 Seated Exercise (DC) 🦵

11:00 Bingo: Saige (DC)

1:00 Famous Movie Lines: Saige (DC & ZM)

1:00 Mass: SR Linda (Large Conference Room)?

1:00 Words from Words: Katrina (HR)

Monday, March 9th

10:30 Seated Exercise (DC) 🦵

11:00 Sing a Long: Katrina (DC)

11:00 Fan-tastic Peacock: Saige (HR)

11:00 Blurt!: Christy (ZM)

1:00 Bingo: Saige (DC)

1:00 Hangman: Katrina (ZM)

Tuesday, March 10th

10:30 Seated Exercise (DC) 🦵

11:00 Dollar Tree Outing: Katrina

11:00 PACE Singers: Tim (DC)

11:00 Helping Hounds (DC)

11:00 Can You Picture This?: Saige (ZM)

1:00 Entertainment: John Vona (DC)

1:15 Simple Science: Brenda (ZM)

Wednesday, March 11th

10:30 Seated Exercise (DC) 🦵

10:45 Applebee's Sign up: Saige (DC)

11:00 Remembering Honey Do Lists: Saige (DC)

11:00 Word Ladders: Brenda (ZM)

1:00 Town Hall: DSO & DCM (DC)

1:15 Family Feud: Katrina (DC)

1:15 Flower Pot Decorating: Saige (HR)

Thursday, March 12th

- 10:30** Seated Exercise (DC) 🦵
11:00 Name That Tune: Katrina (DC & ZM)
11:00 Wii Bowling: Saige (HR) 🦵
1:00 Yahtzee: Saige (DC)
1:00 Hand Pampering: Katrina (DC)

Friday, March 13th

- 10:30** Seated Exercise (DC) 🦵
11:00 Tabletop Bocci & Bowling: Katrina (DC) 🦵
11:00 Rosary: SR Linda (HR)
1:00 March Trivia: Saige (DC & ZM)
1:00 Spring Arrangements: Katrina (HR)

Monday, March 16th

- 10:30** Seated Exercise (DC) 🦵
11:00 Peanut Butter Swirl Cookies: Saige (DC)
11:00 Creation Corner: Katrina (HR)
11:00 What came 1st?:Christy (ZM)
1:00 Word Games: Katrina (DC & ZM)
1:00 St. Patties Day Card Making: Saige (HR)

Tuesday, March 17th

- 10:30** Seated Exercise (DC) 🦵
11:00 PACE Singers: Tim (DC)
11:00 Traveling Manicures: Katrina (DC)
11:00 You Be the Judge: Saige (ZM)
1:00 St. Patties Day Social: Saige & Katrina (DC)
1:15 Leprechauns and Lucky Charms: Brenda (ZM)



Wednesday, March 18th

- 10:30** Seated Exercise (DC) 🦵
10:30 Michaels Outing Sign-Up: Saige (DC)
10:45 Applebee's Outing: Saige
11:00 Bingo: Katrina (DC)
11:00 Rosary: SR Linda (HR)
12:45 Entertainment: Music by Clear (DC)

Thursday, March 19th

- 10:30** Seated Exercise (DC) 🦵
11:00 Leisure ED: Saige (DC)
11:00 Multiple Choice Trivia: Katrina (HR & ZM)
1:00 Bingo: Saige (DC)
1:15 High or Low: Christy (ZM)

Friday, March 20th

- 10:30** Seated Exercise (DC) 🦵
11:00 Balloon Volley: Katrina (DC) 🦵
11:00 TP Tulips: Saige (HR)
1:00 Bingo: Saige (DC & ZM)
1:00 Uno, Pitch, Your Choice: Katrina (HR)



Monday, March 23rd

- 10:30** Seated Exercise (DC) 🦵
10:45 Dollar Tree Outing: Previous Sign up: Saige
11:00 Bingo: Katrina (DC)
12:45 Entertainment: Meg's Melodies (DC)
2:00 Finish the Phrase: Katrina (HR & ZM)

Tuesday, March 24th

- 10:30** Seated Exercise (DC) 🦵
11:00 Bingo: Katrina (DC)
11:00 Trip to London, England: Saige (ZM)
1:00 PACE Singers: Tim (DC)
1:00 Spring Card Making: Katrina (DC)
1:15 Movie Trivia: Brenda (ZM)

Wednesday, March 25th

- 10:30** Seated Exercise (DC) 🦵
10:45 Michaels Outing: Saige
11:00 Happy Birthday Elton John: Katrina (DC)
11:00 Rosary: SR Linda (HR)
11:00 Who Am I? Brenda (ZM)
1:00 Bowling: Katrina (DC) 🦵

Thursday, March 26th

- 10:30** Seated Exercise (DC) 🦵
11:00 Bingo: Katrina (DC & ZM)
11:45 Birthday Lunch (Invite Only): Pepper (HR)
1:00 Crossword Clues: Saige (DC)
1:00 Family Feud: Katrina (HR)
1:15 Dog Trivia: Christy (ZM)

Friday, March 27th

- 10:30** Seated Exercise (DC) 🦵
11:00 Who Wants to be a Millionaire?: Katrina (DC)
11:00 Gardening: Saige (HR or Patio) 🦵
1:00 Spike ball: Katrina (DC) 🦵
1:00 Hangman: Saige (HR & ZM)

Monday, March 30th

10:30 Seated Exercise (DC) 🦵

11:00 Bingo: Saige (DC)

11:00 Rosary: SR Linda (HR)

11:00 Mad Libs: Christy (ZM)

1:00 Jeopardy: Saige (DC)

1:00 Wheel of Fortune: Katrina (HR & ZM)

Tuesday, March 31st

10:30 Seated Exercise (DC) 🦵

11:00 Balloon Volley: Katrina (DC) 🦵

11:00 Guess that TV Tune: Saige (HR & ZM)

12:45 Entertainment: Richard Bill (DC)

Easy Home Modifications to Make Your Home Safer

- 1. Use appropriate durable medical equipment (walkers, wheelchairs, grab bars, handrails)**
- 2. Light it Up! Replace bulbs with bright, long-lasting LED lights**
- 3. Have a seat! Have a sturdy, cleared, & appropriate height seat, chair in your bedroom.**
- 4. Clear the way! Keep items off of stairs, remove clutter, get rid of throw rugs.**
- 5. Store for Success! Keep frequently used items between waist and shoulder height.**

Bonus: Wear non-slip shoes or grippy socks

<https://www.ncoa.org/article/how-to-prevent-falls-with-home-safety-modifications>

**March is:
Social Work Month
PACE Social Workers**

Sally Coyne

Patty Defrancis

Sarah Baum

Katrina Thomas

Kayli Reagan-Kuhl

Creek Circle

Lisa Williams

Maggie Bard (Dec)

Erika Coleman

Crystal Davies

Shana Richards

Jennifer Hirsh

Erik Howard

Dorenda Schmidt

If you need to contact your Social Worker, Please call the main # at 315 452-5800 and you will be connected from there.

**March is:
Nutrition Month
PACE Dieticians**

Sally Coyne

Kathy Squires (Director)

Jen Greene

Creek Circle

Judy Wehner

Julie Guyette

Catherine Gorski

Jackie Carfagno

If you need to contact your Social Worker, Please call the main # at 315 452-5800 and you will be connected from there.