

Welcome, Dr. Sansone!



We are pleased to announce that Dr. Paul Sansone has joined our PACE CNY Interdisciplinary Team as a healthcare provider.

Dr. Sansone most recently served as the Director of Palliative Medicine at St. Joseph's Hospital in Syracuse, New York. Before that, he was the director of the Pain Medicine Clinic at Alice Peck Day Memorial Hospital and a Pain Medicine Specialist at Catholic Medical Center in New Hampshire.

Dr. Sansone received his medical degree from SUNY Buffalo School of Medicine and completed an Internal Medicine residency at Dartmouth-Hitchcock Medical Center (DHMC) in New Hampshire. He completed a residency in Anesthesiology and two fellowships, one in Pain Medicine and the other in Hospice and Palliative Medicine, both at DHMC.

He has earned multiple board certifications, including Hospice and Palliative Medicine, Pain Medicine, Internal Medicine, and Anesthesiology.

Dr. Sansone welcomed the opportunity to join PACE CNY, and says he is committed to providing the highest level of patient-centered care as part of the PACE CNY Team.

Please call: 315.452.5800 for more information.

The Sally Coyne Center for Independence
100 Malta Lane, North Syracuse, NY 13212

The McAuliffe Center for Independence
115 Creek Circle, East Syracuse, NY 13057



Meet the Loretto Licensed Home Care Agency Team

PACE CNY is a Program of All-Inclusive Care for the Elderly in Central New York that provides participants with the personalized care they need while living in their homes. Each PACE CNY participant has an Interdisciplinary Team of healthcare professionals who work together to provide in-home services as an alternative to nursing home placement. An important part of that team is the Loretto Geriatric Center Licensed Home Care Agency, which coordinates services and manages the care of almost 400 PACE CNY participants each day.

When someone qualifies for nursing home services but wants to remain living at home, the homecare agency team makes it possible by coordinating services like medication management, personal care and skilled nursing services. Care is customized to the participant based on their needs, with the goal of promoting a safe living situation while providing for their medical, emotional, and spiritual needs.

So far in 2024, the Agency team has cared for an average of 382 PACE CNY participants per month in their homes, and that number continues to grow. Currently, the licensed homecare agency team consists of 23 Registered Nurses, 33 Licensed Practical Nurses, and 170 Home Health Aides, and together, they provide an average of almost 30,000 visits a month to PACE CNY Participants. While some participants may only need daily visits, others require three to four visits from a homecare professional each day to meet their needs.



(back row L-R): Shaylyn Gallup, Ashlee Martinez, and Lauren Winterfield. (front row L-R): Krystal Ashby, Terri Wilcox, Lindsey Mancinelli, and Jessica Ryman. Not pictured are the Aide Managers: Brittany Grome, Judy Pierce, Tarshina Thomas, Tishawn Williams, Jill Brown, Karen Bockus and Matthew Sedore.

Terri Wilcox is the director of the Homecare Agency and has been leading the department for eight years. Over time she has seen the agency's growth to meet the needs of the Central New York Community.



This agency was created for PACE CNY over 25 years ago with a handful of nurses and aides. **Today, that number has grown exponentially to meet the needs of the growing elder population.** I am very proud of our home care agency team and our collaboration with the PACE CNY Interdisciplinary team, which allows us to provide the quality care for our participants. The care that is provided by the Agency makes it possible for people to continue to live independently in their homes, where they want to be, and it provides support for their families. For that, I'm thankful.

— TERRI WILCOX



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PACE CNY Launches a New Website Design



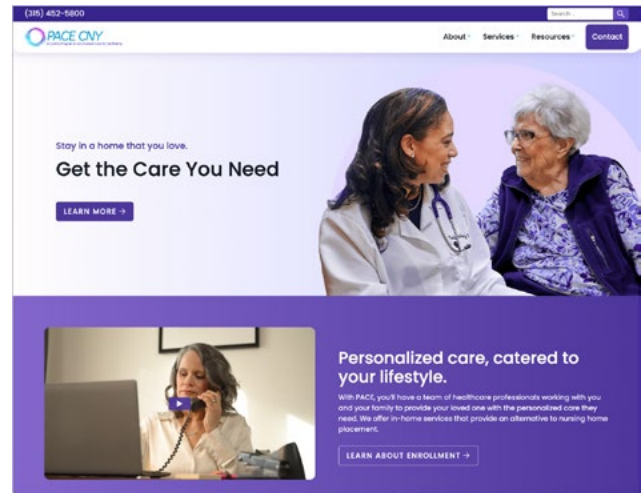
By Stephanie Button, Vice President & PACE CNY Executive Director

We are excited to announce the availability of the new PACE CNY website, which was designed to help individuals and their families easily find information regarding PACE services in Onondaga County. Our new website features information about PACE CNY programs, healthcare provider bios, and information about contracted providers, as well as pictures, videos, and other resources to help individuals and their families connect with PACE resources.

Did you know that there are 177 Programs of All-Inclusive Care for the Elderly (PACE) organizations nationwide? We are all part of the National PACE Association and share the same mission of helping older adults live independently at home for as long as possible.

Each of these PACE organizations has a unique website that explains to the local community the services and programs offered, such as daycare services, medical care, rehabilitation, and more, in their area.

Please check out our new website and let us know what you think! We will continue to improve the website based on user feedback, and we appreciate your support.



pacecny.org



celebrating over

25
years

PACE CNY has served over

3,055
participants
since opening our doors in 1998

We've grown to

450
employees

We provide care to over

600
people
every day

Nurse Practitioner Barbara Kane Retires from PACE CNY



The PACE CNY Interdisciplinary Team wants to extend heartfelt thanks and appreciation to Barbara Kane who is retiring from PACE CNY this year.

Barbara is a board-certified Family Nurse Practitioner who brought over 35 years of medical experience to PACE CNY. Before joining PACE CNY, Barbara worked for Associated Gastroenterology of CNY and Syracuse VA Medical Center, and she served as an ICU nurse at Crouse Hospital and as an adjunct professor for the College of Nursing at Upstate Medical University.

When reflecting on her time at PACE CNY, Barbara said what she enjoyed most was working for a mission-based organization

that is so responsive to the care needs of individuals. "PACE CNY has so much to offer participants, like quick provider access. Participants don't have to wait long to be seen by healthcare practitioners because of the unique team-based PACE model of delivering care. This is the hardest job I have ever loved, and it showed me a different side of what healthcare can be. PACE CNY is a step above, and I am grateful for the time I have spent here."

PACE CNY Medical Director Dr. David Heisig offers his congratulations to Barbara as she begins her next chapter:



We valued NP Barbara Kane's service to PACE CNY and its participants during her tenure with us. She will be very much missed as a valuable team member. We wish her the best in all her future endeavors!



Participant Spotlight: Carol, 87 years old

“ I joined PACE CNY because I wanted to get out of my house and have something to do. At the day center, I play games, participate in activities, and have a meal with others.

I like how PACE CNY aides come to my home to help me with things I can't do for myself anymore. If they didn't, I would have to move to a nursing home. I am thankful I can stay in my home. ”



PACE CNY Provides the Durable Medical Equipment You Need

Do you or a loved one need a hospital bed quickly? How about oxygen therapy, a walker, or a mechanical lift? If you are a PACE CNY participant, is just a phone call away—and it's all included as a part of the PACE program.

A benefit of being a PACE CNY participant is that your Interdisciplinary Team of practitioners provides the Durable Medical Equipment (DME) you need in a timely fashion. The PACE CNY Durable Medical Equipment Department works with your care providers to find, deliver, and install the equipment you need based on your care plan.

Orders are fulfilled quickly, usually within 24 hours. The DME Team also provides guidance and support for custom orders for specialized equipment and assists with ramp installation to ensure participants have what they need to live safely in their homes.

Doug Groesbeck is the manager of the DME Department and says the easy access to equipment sets PACE CNY apart. “Since PACE CNY began in Onondaga County, participants have had

access to equipment that can be life-changing for families. Instead of families trying to find this equipment on their own or moving someone into a nursing home to access it, we provide equipment like specialized wheelchairs, mechanical lifts, personal emergency response systems, and hospital beds so they can remain living in their homes.”



“We aren't just delivering equipment; we are getting to know the participants and their families, and we build relationships with the people we serve. I enjoy making those connections, and I'm glad I can help them in their time of need.”

Doug says his DME Team makes 15-20 daily visits to over 300 PACE CNY participants who need durable medical equipment. Tyler Watkins is a Durable Medical Equipment Specialist and says the best part of his job is getting to know the participants and their families during those visits.

Do you or a loved one need access to this kind of equipment?

Visit the PACE CNY website to learn more about durable medical equipment and how we can help.

*Stay in the Home You Love.
 Get the Care You Need.
 Live Like Loretta.*



Seasons of Fun

Here are some of the activities our PACE CNY participants can enjoy!

<i>Spring:</i>	<i>Summer:</i>	<i>Fall:</i>	<i>Winter:</i>
• SU Basketball Game/ Tour of Syracuse • Older Americans Month Celebrations • Gardening Club • Corporate Bowling Tournament	• Cooperative Games • Big Dip Ice Cream Trips • Restaurant Outings • Shopping Outings • Antique Car Show • PACE CNY Summer Games	• Syracuse Mets Game • Participant Education Sessions • Halloween Party • Fall Foliage Trips • Syracuse Sports Hall of Fame • GrandPad Education	• Door Decorating Contest • Lights on the Lake trip • New Year's Eve Party • Valentine's Dance • Mardi Gras • Museum Trips/MOST IMAX • Multicultural Holiday Celebrations