

**PACE CNY (SITE 1)
AT-HOME THERAPEUTIC
RECREATION
CALENDAR
June 2020**



Therapeutic Recreation Staff:

Director of Therapeutic Recreation

Orion Roeder, CTRS oroeder@lorettosystem.org 315-413-3330

Sally Coyne (P1) Recreation Therapists:

Kristin Dohner, CTRS kdohner@lorettosystem.org 315-413-4508

McKenzie Boyer, CTRS mboyer@lorettosystem.org 315-413-4534

Creek Circle (P2) Recreation Therapists:

Kate Marzinsky, CTRS kmarzinsky@lorettosystem.org 315-413-3303

Krystle Wood, CTRS kwood2@lorettosystem.org 315-413-3303

Sharon Spencer, CTRS sspencer@lorettosystem.org 315-413-3399

Natalie Maloney, CTRS nmaloney@lorettosystem.org 315-413-3399

Sr. Linda Ann Palmisano (Spiritual Care) 315-413-3631

June Birthdays

Roslyn	June 2 nd
Betty B.	June 3 rd
Marjorie	June 3 rd
Pat	June 3 rd
Karen	June 6 th
Louis	June 10 th
Theresa	June 11 th
Don L.	June 11 th
Bud	June 12 th
Rosemary	June 14 th
Yvonne	June 14 th
Mary	June 15 th
Don S.	June 15 th
Edna	June 18 th
Mike	June 19 th
Marcella	June 19 th
William	June 20 th
Barb	June 22 nd
June	June 26 th
Millie	June 27 th
Betty M.	June 28 th
Lynn	June 29 th
Alice	June 30 th

We look forward to celebrating with you soon!



FRAUD Surrounding COVID-19

As the number of people and communities affected by the COVID-19 pandemic grows, so do the scams associated with it.

The Senior Medicare Patrol (SMP) recommends that Medicare beneficiaries:



Be cautious of anyone who comes to your door offering free coronavirus testing, treatment or supplies.



Don't click on links from sources you do not know. You could be putting your computer or device at risk.



Review your Medicare Summary Notice (MSN) or Explanation of Benefits (EOB), looking for errors or claims for products or services that you did not receive.



Ignore online offers for vaccinations. If you see ads for prevention products or cures for COVID-19, they are most likely a scam.



Do not give out your Medicare number, Social Security number or personal information to anyone via phone, text, email, or home visits.



Be Cautious When Purchasing Medical Supplies from unverified sources, including online advertising, emails and phone solicitations

**If you or anyone you know has been a victim of FRAUD,
call the NYS Senior Medicare Patrol at 800-333-4374
or visit us online at nysenior.org.**

This project was supported, in part by grant number 90MPPG0010-01-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201.

STATE WIDE
New York StateWide Senior Action Council, Inc
Improving The Lives of Senior Citizens & Families in NY State

New York State
SMP
Empowering Seniors To
Prevent Healthcare Fraud



THE LONGEST DAY

alzheimer's  association®

June 20, 2020 is the longest day of the year – the summer solstice. People from all over the world come together to show their support and raise awareness and funds for the fight against Alzheimer's.

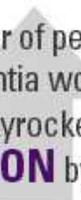
ALZHEIMER'S DISEASE IS A GLOBAL EPIDEMIC.



Worldwide,
50 MILLION PEOPLE
are living with dementia.



The annual global cost of
dementia is **\$818 BILLION** in
U.S. dollars.



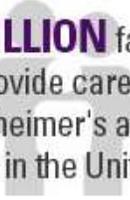
The number of people living
with dementia worldwide is
set to skyrocket to **75
MILLION** by 2030.



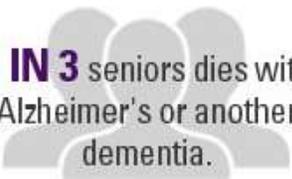
Alzheimer's disease is the
SIXTH- LEADING cause
of death in the United States.



More than **5 MILLION**
Americans are living with the
disease.



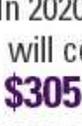
16.3 MILLION family and
friends provide care to people
with Alzheimer's and other
dementias in the United States.



1 IN 3 seniors dies with
Alzheimer's or another
dementia.



In 2019, more than 16 million
caregivers of people living with
Alzheimer's disease or other
dementias provided an
estimated **18.6 BILLION
HOURS** of unpaid care, a
contribution to the nation
valued at more than \$244 billion.

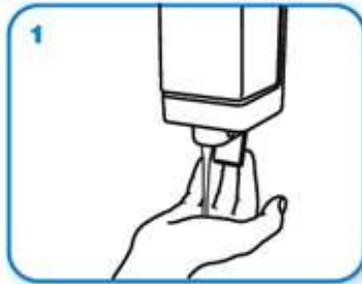


In 2020, Alzheimer's disease
will cost the United States
\$305 BILLION. By 2050,
these costs could rise as high
as \$1.1 trillion.

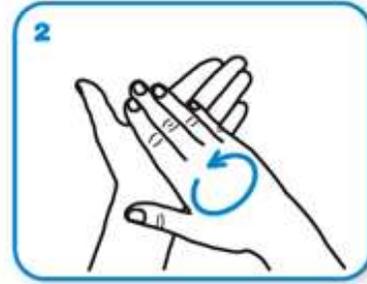
Practice Good Hand Hygiene



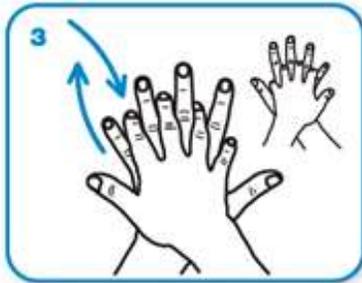
Wet hands with water



apply enough soap to cover all hand surfaces.



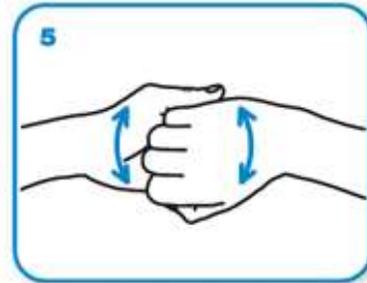
Rub hands palm to palm



right palm over left dorsum with interlaced fingers and vice versa



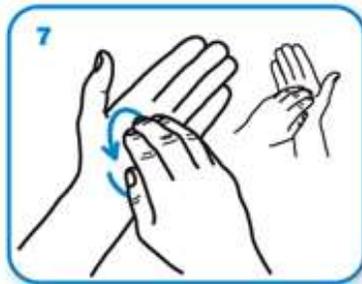
palm to palm with fingers interlaced



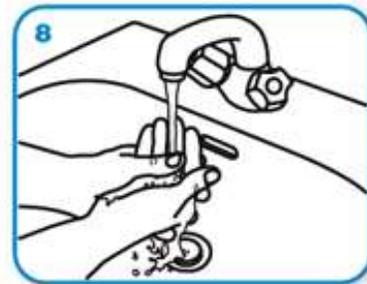
backs of fingers to opposing palms with fingers interlocked



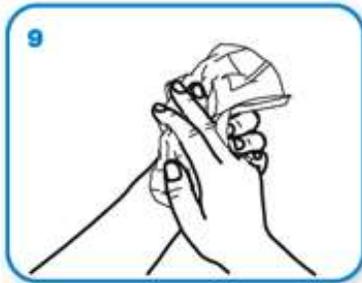
rotational rubbing of left thumb clasped in right palm and vice versa



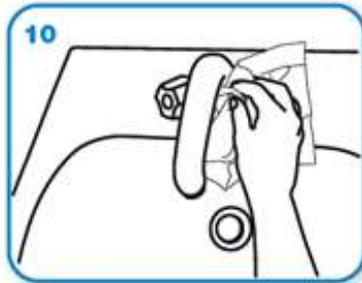
rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa.



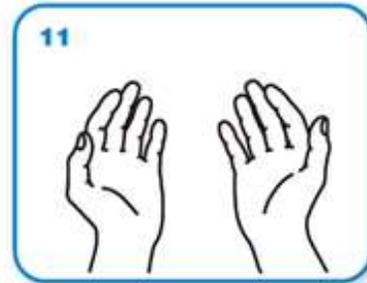
Rinse hands with water



dry thoroughly with a single use towel



use towel to turn off faucet



...and your hands are safe.

Wash Your Hands for 20 Seconds!

Therapeutic Recreation Update

Therapeutic Recreation is changing during this time. If you want to call us to chat, or discuss leisure supplies, we would love to hear from you! If we don't answer, please leave a message and we will call you back. Please be advised that TR's role could change in the coming weeks and we may not be as readily available.

Things we can provide:

- Coloring pages
- Video chats (with staff and family) & phone calls
- Bracelet making kits
- Dot painting supplies
- Simple gardening supplies and instructions
- Knitting/crocheting supplies
- Over the phone games: Battleship, Hangman, Yahtzee, War, Roll the Dice, Bunko, Drawing in the Dark, Would you Rather
- Other: Stanford Letter Writing Project, Short Story Writing, Poem Writing

So you're bored...

- Call TR for more information on Well Connected, a program that offers fun and social groups for all interests. All you need is a telephone! *restrictions do apply*
- Have you called TR, a staff member, or family to discuss the journal topic?
- Stretch from your head to your toes
- **Join TR's from both sites for recreation groups using Zoom everyday @ 11:00am. Call us with any questions!**
- Look up something new (recipes, language, geography)

WE MISS YOU!



Well Connected

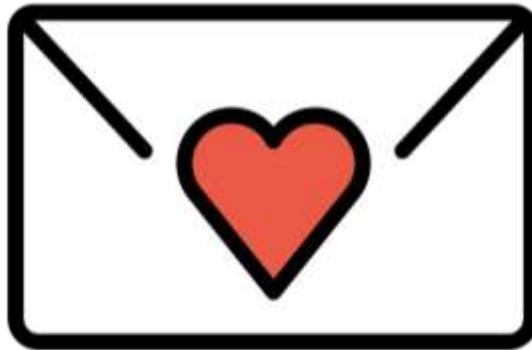
A COVIA COMMUNITY SERVICE

Are you feeling bored? Do you miss the fun programs and activities from the Day Center? Are you feeling a loss of connectedness? Say no more!

Well Connected is a resource for older adults to form a sense of community. It is free of charge to all participants and available to those over the age of 60. Well Connected is a telephone and online program offering activities, education, friendly conversation, and an assortment of classes and support groups that is accessible to older adults from the comfort of their own home.

Well Connected members can play games, learn a new language, attend a writer's workshop, go on a virtual tour, meditate, get support, and connect with others across the country!

If you are interested or want more information, please contact McKenzie or Kristin in Therapeutic Recreation.



We know social distancing has been hard, and we know that you are missing us as much as we are missing you!

The Therapeutic Recreation department would like to start a **Pen Pal program!** Writing letters can help us stay connected and give you (and us) something to look forward to in the mail.

Contact McKenzie, Kristin, or Orion TR if you are interested and we will send you letters on a weekly basis. We can't wait to hear from you!

If you would like to send us (or any PACE CNY staff) letters, please use the following address:

Attention: (Staff Member Name Here)

PACE CNY

100 Malta Lane

North Syracuse, NY 13212

Get Creative!

Recreation is encouraging you to get creative during this time of social distancing. We have made a space to display your work at the day center. We are so excited to see what you've been up to!

What counts as a creative work?

- Coloring pages
- Painting
- Short story
- Poems
- Drawing
- Anything else you made and feel proud of!

You can mail your work to the day center (address below) or bring it in when we are back together.

Therapeutic Recreation

100 Malta Ln

North Syracuse, NY 13212



Exercises

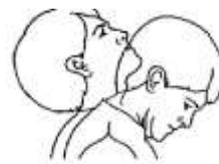
Neck: Do each stretch 3 times



- Right ear toward your right shoulder



- Left ear toward your left shoulder



- Chin to chest

Shoulders: Do each stretch 10 times



- Roll your shoulders forward



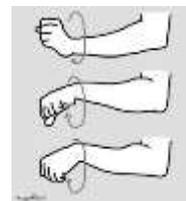
- Roll your shoulders backward



- Shrug your shoulders to your ears

Arms and Wrists: Do each stretch 10 times

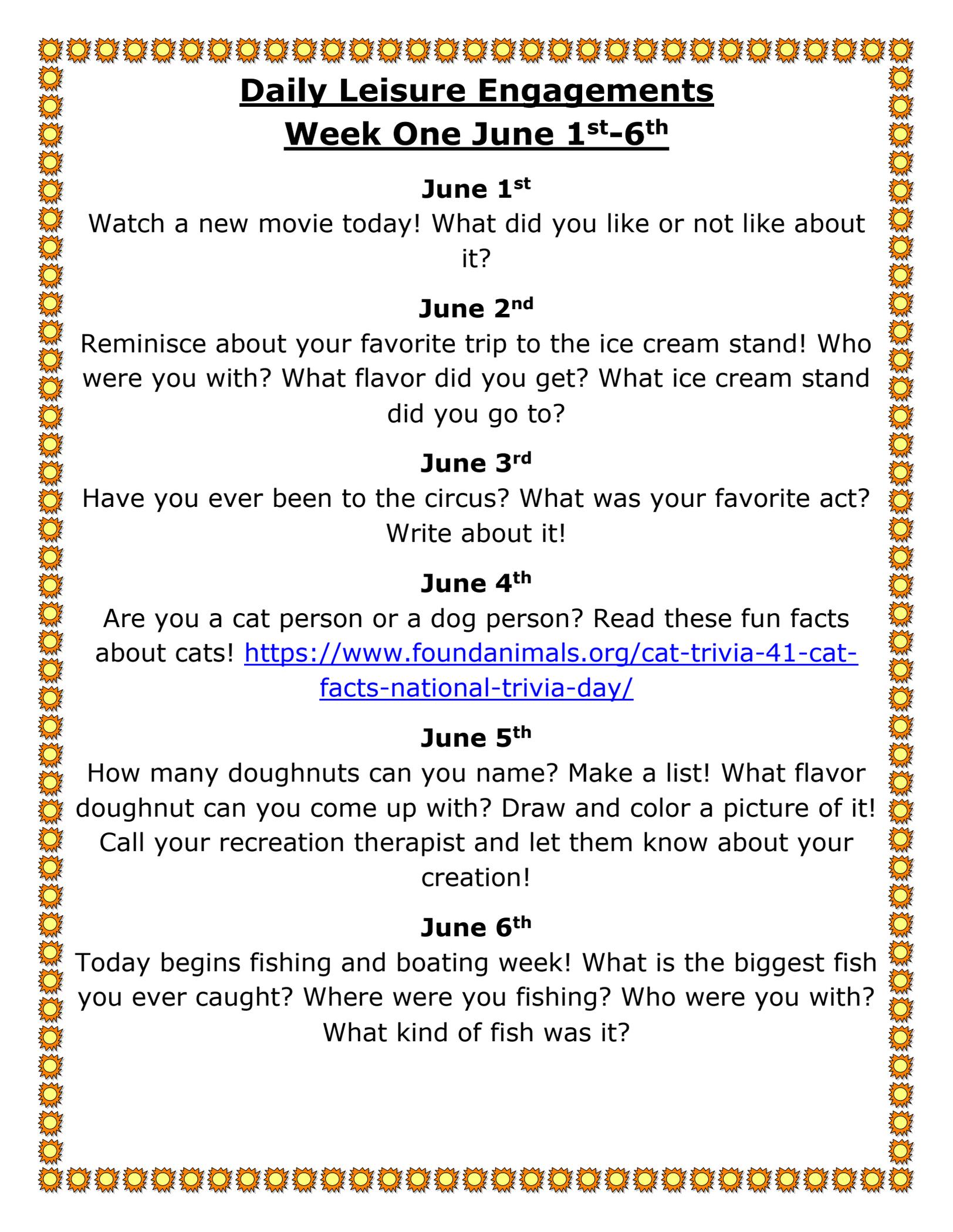
- Arms straight out and pull in like you're rowing a boat
- Tuck your elbows into your side, hands at your legs, bring your hands up to your shoulders
- Arm circles; switch the direction (both arms at the same time)
- Wrist circles; switch the direction (both wrists at the same time)



Legs and Ankles: Do each stretch 10 times

- Keeping your knee bent, lift your foot off the ground; switch to the other leg
- Kick straight out, extending your knee as much as you can; switch to the other leg
- Both feet flat on the floor, lift your heels off the ground, keeping your toes down
- Ankle circles; switch the direction; switch to the other leg
- March in place





Daily Leisure Engagements

Week One June 1st-6th

June 1st

Watch a new movie today! What did you like or not like about it?

June 2nd

Reminisce about your favorite trip to the ice cream stand! Who were you with? What flavor did you get? What ice cream stand did you go to?

June 3rd

Have you ever been to the circus? What was your favorite act? Write about it!

June 4th

Are you a cat person or a dog person? Read these fun facts about cats! <https://www.foundanimals.org/cat-trivia-41-cat-facts-national-trivia-day/>

June 5th

How many doughnuts can you name? Make a list! What flavor doughnut can you come up with? Draw and color a picture of it! Call your recreation therapist and let them know about your creation!

June 6th

Today begins fishing and boating week! What is the biggest fish you ever caught? Where were you fishing? Who were you with? What kind of fish was it?

Monday, June 1st

Happy Birthday, Andy Griffith!

Today's Motivational Quote:

You know when you're young you think you will always be.
As you become more fragile, you reflect and you realize how
much comfort can come from the past.

-Andy Griffith

Today's Brain Teaser:

Word Unscramble: EMACRCEI (Hint: A dessert)

Trivia: Who played the chimney sweep in the 1964 film Mary Poppins?

Zoom Group: 20 Questions with Natalie @ 11:00am

Call Natalie's office number to participate by telephone or sign up for an email invite to video-conference by Zoom.

Tuesday, June 2nd

Rocky Road Day



Today's Motivational Quote:

"You can't buy happiness, but you can buy ice cream
And that is pretty much the same thing." — Unknown

Today's Brain Teaser:

Name That Tune: "You ain't never caught a rabbit and you ain't
no friend of mine."

Trivia: In 1984 this A-list artist recorded "I just called to say I
love you"

Zoom Group: Bible Study with Shari @ 11:00am

Call Natalie's office number to participate by telephone or sign up for an email invite to video-conference by Zoom.

Wednesday, June 3rd
"The Greatest Show on Earth" Day

Today's Motivational Quote:

"The noblest art is that of making others happy"-P.T. Barnum

Today's Brain Teaser:

Name That Movie: "After all, tomorrow is another day."

Trivia: How many Ringling brothers were there?

Zoom Group: Tai Chi with Orion @ 11:00am

Call Orion's office number to sign up for an email invite.



Thursday, June 4th
National Hug Your Cat Day

Today's Motivational Quote:

"In ancient times cats were worshipped as gods;
They have not forgotten this." – Terry Pratchett

Today's Brain Teaser:

Word Mining: PAINTS

Trivia: What is the average number of hours a cat sleeps per day?

Zoom Group: Thumbs Up, Thumbs Down with Kate @11:00am

Call Kate's office number to participate by telephone or sign up for an email invite to video-conference by Zoom.



Friday, June 5th

Donut (or Doughnut) Day

Today's Motivational Quote:

"Man doesn't live by coffee alone...have a donut!" –Unknown

Today's Brain Teaser:

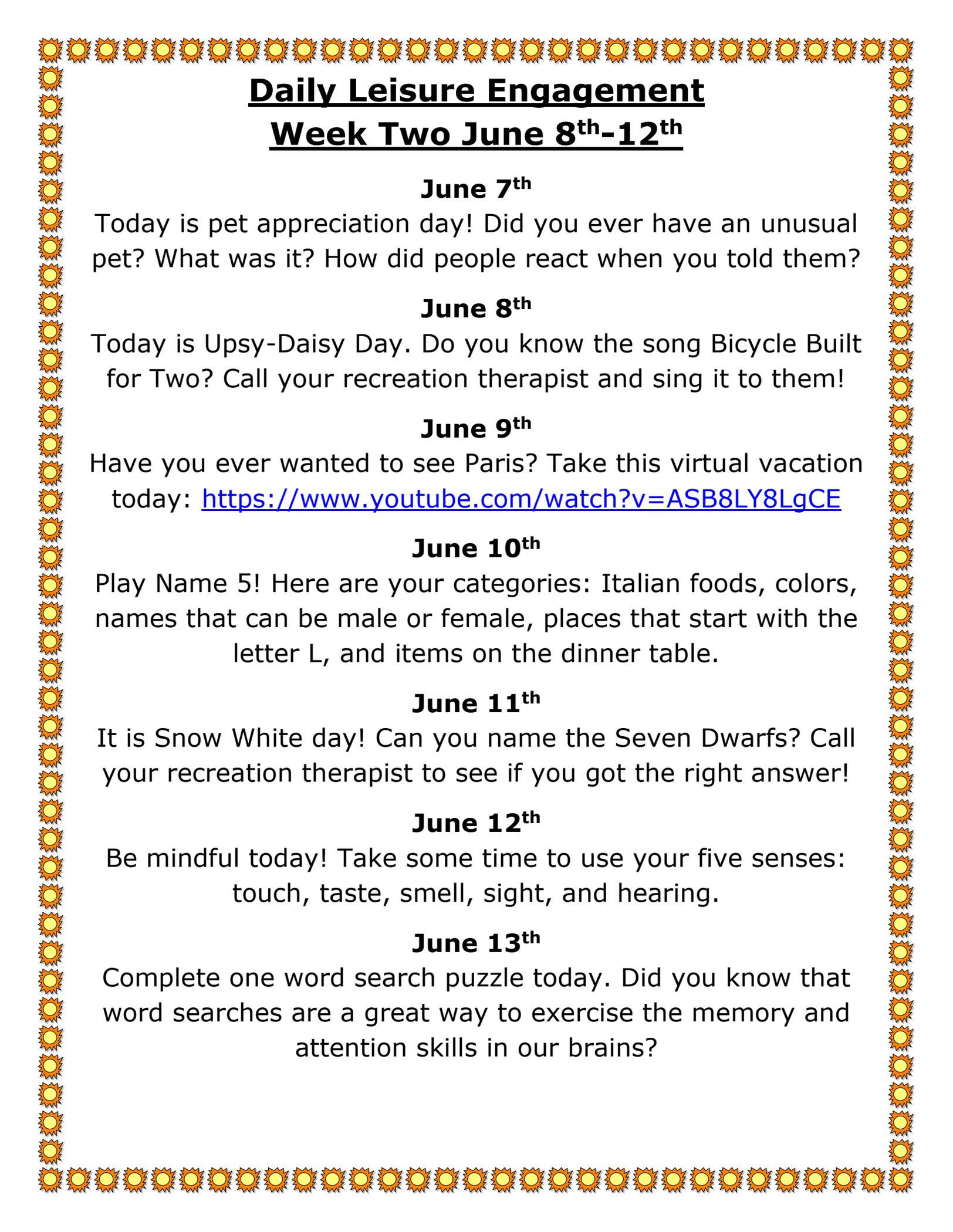
Friday Funny: What do you call a parade of rabbits hopping backwards? *A receding hare-line.*

Trivia: The quote "You get a car; you get a car... everybody gets a car!" Is from what famous talk show host?

Zoom Group: Coffee and Chat with Krystle @ 11:00AM

Call Krystle's office number to participate by telephone or sign up for an email invite to video-conference by Zoom.





Daily Leisure Engagement

Week Two June 8th-12th

June 7th

Today is pet appreciation day! Did you ever have an unusual pet? What was it? How did people react when you told them?

June 8th

Today is Upsy-Daisy Day. Do you know the song Bicycle Built for Two? Call your recreation therapist and sing it to them!

June 9th

Have you ever wanted to see Paris? Take this virtual vacation today: <https://www.youtube.com/watch?v=ASB8LY8LgCE>

June 10th

Play Name 5! Here are your categories: Italian foods, colors, names that can be male or female, places that start with the letter L, and items on the dinner table.

June 11th

It is Snow White day! Can you name the Seven Dwarfs? Call your recreation therapist to see if you got the right answer!

June 12th

Be mindful today! Take some time to use your five senses: touch, taste, smell, sight, and hearing.

June 13th

Complete one word search puzzle today. Did you know that word searches are a great way to exercise the memory and attention skills in our brains?

Monday, June 8th
Upsy-Daisy Day

Today's Motivational Quote:

"A daisy does not pretend to be a rose. Be true to yourself
You are AWESOME just the way you are!" -Unknown

Today's Brain Teaser:

Word Unscramble: EOHCLTAEC (Hint: Part of a s'more)

Trivia: He was the first actor to play Agent 007.

Zoom Group: My 2 Cents with Natalie @ 11:00am

Call Natalie's office number to participate by telephone or sign up for an email invite to video-conference by Zoom.



Tuesday, June 9th
Virtual Vacation Day

Today's Motivational Quote:

"Isn't it amazing how much stuff we get done the day before
vacation?" – Zig Ziglar

Today's Brain Teaser:

Name that Movie: "My mother thanks you. My father thanks
you. My sister thanks you. And I thank you."

Trivia: This weekend nighttime show has won the most Emmy
Awards.

Zoom Group: Mad Lib Fun with Shari @ 11:00am

Call Shari's office number to participate by telephone or sign up
for an email invite to video-conference by Zoom.

Wednesday, June 10th
Happy Birthday Judy Garland!

Today's Motivational Quote:

"If I ever go looking for my heart's desire again, I won't look any further than my own backyard. Because if it isn't there, I never really lost it to begin with."

-Judy Garland

Today's Brain Teaser:

Name that Tune: "One way or another, I'm gonna find you, I'm gonna getcha', getcha', getcha', getcha'."

Trivia: This water displacement product people use to defrost their car door locks got its start in 1953.

Zoom Group: Tai Chi with Orion @ 11:00am

Call Orion's office number to sign up for an email invite.

Thursday, June 11th
Snow White Day

Today's Motivational Quote:

"Remember, you're the one who can fill the world with sunshine" -Snow White

Today's Brain Teaser:



Word Unscramble: SNUHSNIE (Hint: Up in the sky)

Trivia: This once-married duo recorded "Love Will Keep Us Together."

Zoom Group: Random Trivia with Kristin @ 11:00am

Call Kristin's office number to participate by telephone or sign up for an email invite to video-conference by Zoom.

Friday, June 12th
Jerky Day

Today's Motivational Quote:

"Make your life a masterpiece, imagine no limitations on what you can be, have, or do"

-Brian Tracy

Today's Brain Teaser:

Friday Funny: What do you call an ant dipped in chocolate?

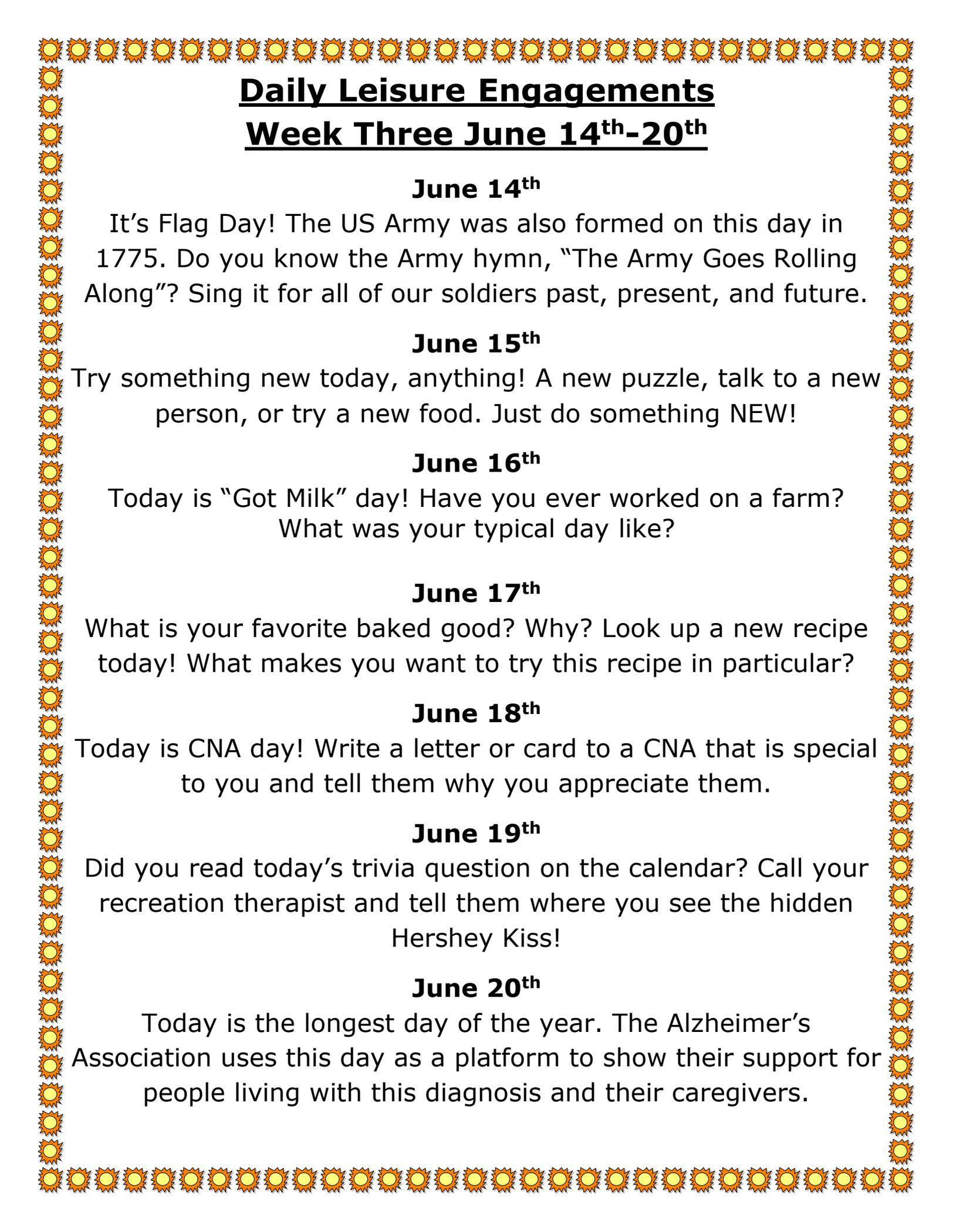
Decad-ant.

Trivia: Which color of bell pepper has more nutrients: red, yellow, or green?

Zoom Group: List It! With Krystle @ 11:00AM

Call Krystle's office number to participate by telephone or sign up for an email invite to video-conference by Zoom.





Daily Leisure Engagements

Week Three June 14th-20th

June 14th

It's Flag Day! The US Army was also formed on this day in 1775. Do you know the Army hymn, "The Army Goes Rolling Along"? Sing it for all of our soldiers past, present, and future.

June 15th

Try something new today, anything! A new puzzle, talk to a new person, or try a new food. Just do something NEW!

June 16th

Today is "Got Milk" day! Have you ever worked on a farm? What was your typical day like?

June 17th

What is your favorite baked good? Why? Look up a new recipe today! What makes you want to try this recipe in particular?

June 18th

Today is CNA day! Write a letter or card to a CNA that is special to you and tell them why you appreciate them.

June 19th

Did you read today's trivia question on the calendar? Call your recreation therapist and tell them where you see the hidden Hershey Kiss!

June 20th

Today is the longest day of the year. The Alzheimer's Association uses this day as a platform to show their support for people living with this diagnosis and their caregivers.

Monday, June 15th

Learn a New Skill Day

Today's Motivational Quote:

"When you talk, you are repeating something you already know. If you listen, you may learn something new." –Dalai Lama

Today's Brain Teaser:

Name That Movie: "Hasta la vista, baby."

Trivia: I have completed more than 30,000 paintings in my lifetime and starred in 403 episodes of my show: The Joy of Painting, who am I?

Native American Citizenship Day: Commemorating the day in 1924 when the U.S. Congress passed legislation recognizing the citizenship of Native Americans.

Zoom Group: You Be the Judge with Kristin @ 11:00am

Call Kristin's office number to participate by telephone or sign up for an email invite to video-conference by Zoom.

Tuesday, June 16th

Got Milk? Day

Today's Motivational Quote:

"Never cry over spilled milk."—Unknown

Today's Brain Teaser:

Word Mining: KITTEN

Trivia: How many pounds does a gallon of milk weigh?

Zoom Group: Bible Study with Shari @ 11:00am

Call Shari's office number to participate by telephone or sign up for an email invite to video-conference by Zoom.



Wednesday, June 17th
Apple Strudel Day

Today's Motivational Quote:

"If you never tasted a bad apple, you would not appreciate a good apple. You have to experience life to understand life."

-Leon Brown



Today's Brain Teaser:

Word Unscramble: SEESRSHOOH (Hint: A summer backyard game)

Trivia: This sweet breakfast condiment heralds the arrival of spring in Canada and is celebrated with festivals.

Zoom Group: Tai Chi with Orion @ 11:00am

Call Orion's office number to sign up for an email invite.

Thursday, June 18th
Nursing Assistants Day

Today's Motivational Quote:

"Wherever there is a human in need, there is an opportunity for kindness and to make a difference."

-Kevin Heath

Today's Brain Teaser:

Riddle: What goes up but never comes down?

Trivia: Only six NFL teams have no retired jerseys. Name one of them.

Zoom Group: I Have Never with Kate @ 11:00am

Call Kate's office number to participate by telephone or sign up for an email invite to video-conference by Zoom.

Friday, June 19th
Juneteenth

Today's Motivational Quote:

Today's Brain Teaser:

Friday Funny: Why did the M&M go to school? *It wanted to be a Smartie.*

Trivia: Where is a Hershey's kiss hidden in the Hershey's Kisses logo? (Call your Recreation Therapist when you see it!)



Zoom Group: Seated Yoga with McKenzie @ 11:00AM

Call McKenzie's office number to participate by telephone or sign up for an email invite to video-conference by Zoom.

Juneteenth: Also known as Freedom Day or Emancipation Day. It is observed as a public holiday in 14 U.S. states. This celebration honors the day in 1865 when slaves in Texas and Louisiana finally heard they were free, two months after the end of the Civil War. June 19, therefore, became the day of emancipation for thousands of African-Americans.



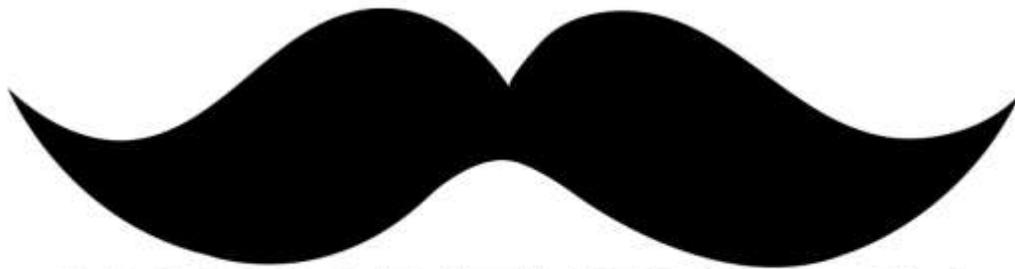
Saturday, June 20th

The Longest Day

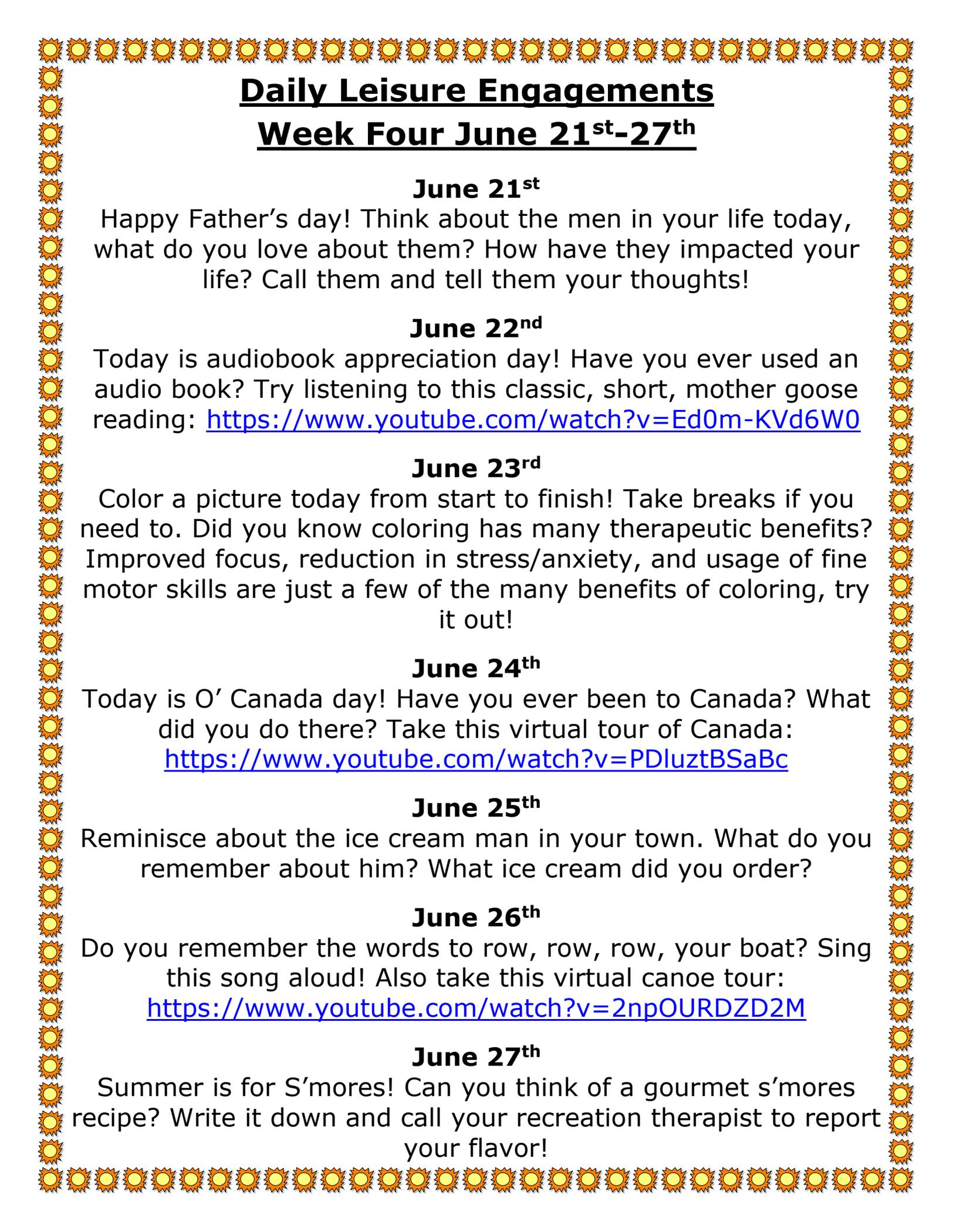


Sunday, June 21st

Father's Day



HAPPY FATHER'S DAY



Daily Leisure Engagements

Week Four June 21st-27th

June 21st

Happy Father's day! Think about the men in your life today, what do you love about them? How have they impacted your life? Call them and tell them your thoughts!

June 22nd

Today is audiobook appreciation day! Have you ever used an audio book? Try listening to this classic, short, mother goose reading: <https://www.youtube.com/watch?v=Ed0m-KVd6W0>

June 23rd

Color a picture today from start to finish! Take breaks if you need to. Did you know coloring has many therapeutic benefits? Improved focus, reduction in stress/anxiety, and usage of fine motor skills are just a few of the many benefits of coloring, try it out!

June 24th

Today is O' Canada day! Have you ever been to Canada? What did you do there? Take this virtual tour of Canada: <https://www.youtube.com/watch?v=PDluztBSaBc>

June 25th

Reminisce about the ice cream man in your town. What do you remember about him? What ice cream did you order?

June 26th

Do you remember the words to row, row, row, your boat? Sing this song aloud! Also take this virtual canoe tour: <https://www.youtube.com/watch?v=2npOURDZD2M>

June 27th

Summer is for S'mores! Can you think of a gourmet s'mores recipe? Write it down and call your recreation therapist to report your flavor!

Monday, June 22nd

Audiobook Appreciation Day

Today's Motivational Quote:

"Do it now. Somethings 'later' becomes 'never'".—Unknown

Today's Brain Teaser:

Name That Tune: "Want to know a secret? Promise not to tell?"

Trivia: What is a more common name for the flowering plant antirrhinum, which resembles a mythical fire-breathing creature?



Zoom Group: Family Feud with Natalie @ 11:00am

Call Natalie's office number to participate by telephone or sign up for an email invite to video-conference by Zoom.

Tuesday, June 23rd

National Hydration Day

Today's Motivational Quote:

"The best way to get things done is to begin."—Unknown

Today's Brain Teaser:

Name That Movie: "Frankly, my dear, I don't give a damn."

Trivia: How many 8oz glasses of water should you drink a day?

Zoom Group: Who/What Am I? with Shari @ 11:00am

Call Shari's office number to participate by telephone or sign up for an email invite to video-conference by Zoom.



Wednesday, June 24th
Celebration of the Senses Day

Today's Motivational Quote:

"You don't find the happy life, you make it."—Unknown

Today's Brain Teaser:

Word Unscramble: ADOFLIFD (Hint: A flower)

Trivia: What comic strip was also the colorful name of Dagwood Bumstead's wife?

Zoom Group: Tai Chi with Orion @ 11:00am

Call Orion's office number to sign up for an email invite.



Thursday, June 25th
Bomb Pop Day



Today's Motivational Quote:

"It is not happy people who are grateful, it is grateful people who are happy".

Today's Brain Teaser:

Riddle: What is always in front of you but can never be seen?

Trivia: What do Wilson, MacGregor, and Kros-Flite all have in common?

Zoom Group: Natural World Trivia with Kate @ 11:00am

Call Kate's office number to participate by telephone or sign up for an email invite to video-conference by Zoom.

Friday, June 26th
Row, Row, Row Your Boat Day

Today's Motivational Quote:

"You deserve to be happy. You deserve a life you are excited about. Don't let others make you forget that".—Unknown

Today's Brain Teaser:

Friday Funny: Why did the donut go to the dentist? *To get a filling!*

Trivia: True or false? American inventor Thomas Edison was significantly hearing impaired?

Zoom Group: Sit and Stretch with Krystle @ 11:00 AM

Call Krystle's office number to participate by telephone or sign up for an email invite to video-conference by Zoom.



Daily Leisure Engagements
Week Five June 28th-30th

June 28th

Let's name 5! Here are your categories: items in a car, musical instruments, vegetables, chocolate bars, and superheroes.

June 29th

Take a mindful minute. Listen to your breath, note the rise and fall of your chest, close your eyes, and stretch. Try this every hour on the hour today. Journal about how this made you feel.

June 30th

In honor of "Willy Wonka & The Chocolate Factory" day take some time to watch an old favorite movie. Why is this movie one of your favorites?



Monday, June 29th

Tropical Getaway Day

Today's Motivational Quote:

"Life is 10% what happens to you and 90% how you react to it.

Today's Brain Teaser:

Name That Tune: "Happy times together we've been spending, I wish that every kiss was never-ending."

Trivia: Who wrote Around the World in Eighty Days and Twenty Thousand Leagues Under the Sea?

Zoom Group: Tropical Meditation with McKenzie @ 11:00am
Call McKenzie's office number to participate by telephone or sign up for an email invite to video-conference by Zoom.

Feast Day of St. Peter and Paul: a liturgical feast in honor of the martyrdom in Rome for the apostles St. Peter and St. Paul in Eastern Orthodox Christianity.

Tuesday, June 30th

Anniversary of Willy Wonka & The Chocolate Factory

Today's Motivational Quote:

"Stressed is desserts spelled backwards". -Unknown

Today's Brain Teaser:



Name That Movie: "Here's looking at you, kid."

Trivia: What game manufacturer produced the Game of Life, Scrabble, Twister, and Yahtzee?

Zoom Group: Bible Study with Shari @ 11:00am
Call Shari's office number to participate by telephone or sign up for an email invite to video-conference by Zoom.



June 2020 Religious and Cultural Observances

June 7: Trinity Sunday (Western Christian)

June 11: Corpus Christi (Catholic)

June 14: Flag Day in the United States, observed to celebrate the history and symbolism of the American flag.

June 14: All Saints' Day (Eastern Christian)

June 15: St. Vladimir Day (Roman Catholic)

June 15: Native American Citizenship Day

June 16: Martyrdom of Guru Arjan Dev (Sikh)

June 19: Juneteenth, also known as Freedom Day or Emancipation Day.

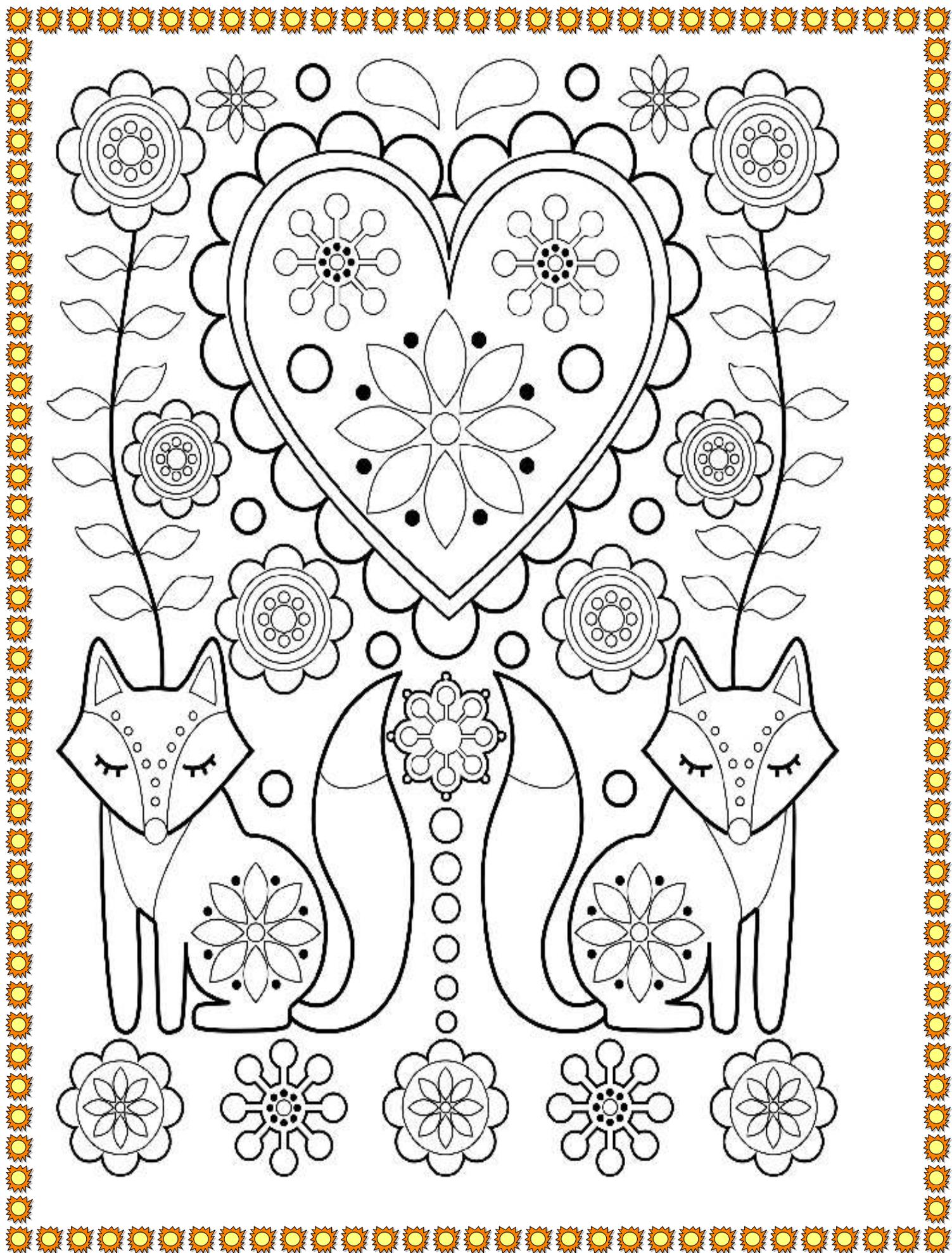
June 19: Sacred Heart of Jesus, the Feast of the Most Sacred Heart (Catholic)

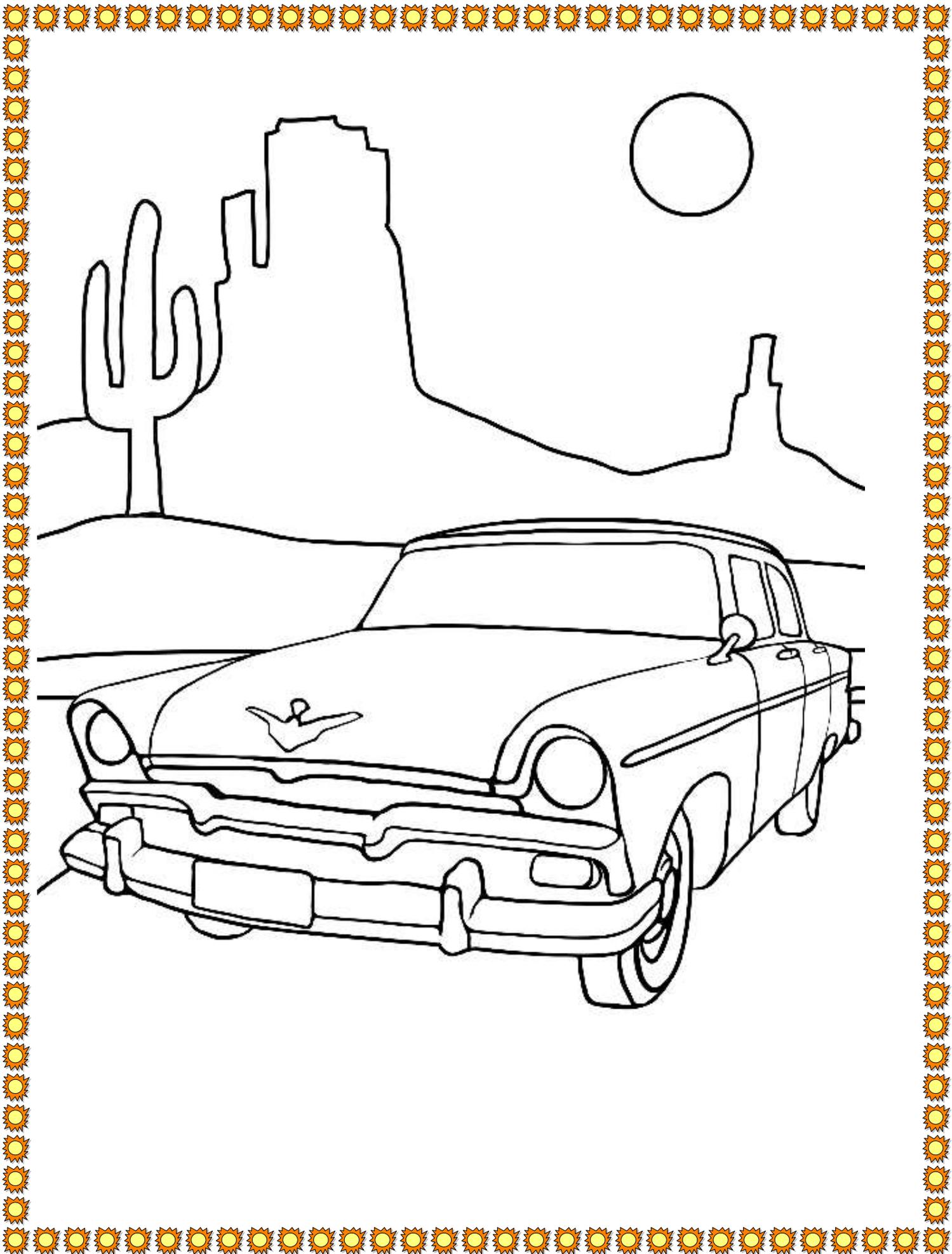
June 19: New Church Day (Christian)

June 21: National Indigenous Peoples Day or First Nations Day, a day that gives recognition to the indigenous populations affected by colonization in Canada.

June 24: The Longest Day

June 29: Feast Day of Saints Peter and Paul (Eastern Orthodox Christianity)







Famous June Birthdays

The following people were born in June. Can you find their **last names**? Search horizontally, vertically, diagonally, forward, and backward.

- A. Pat **BOONE**
- B. Anderson **COOPER**
- C. Roger **EBERT**
- D. Lou **GEHRIG**
- E. Steffi **GRAF**
- F. Nathan **HALE**
- G. Marilyn **MONROE**
- H. Liam **NEESON**
- I. Joan **RIVERS**
- J. Brian **WILSON**
- K. Frank Lloyd **WRIGHT**
- L. Brigham **YOUNG**

D	T	S	V	U	Q	V	F	E	P	J	I
A	Q	L	N	W	H	I	C	N	D	A	O
C	B	Q	O	A	D	B	T	O	P	Z	W
H	F	O	S	H	W	Y	U	O	O	K	O
O	W	X	L	R	A	G	G	B	O	Y	U
C	K	K	I	L	I	M	O	N	R	O	E
F	O	G	W	R	H	N	I	J	U	T	F
J	H	O	H	S	R	E	V	I	R	O	T
T	A	E	P	N	Q	E	G	Y	T	R	Y
D	G	Z	S	E	H	S	I	R	E	Z	H
H	A	L	E	C	R	O	H	B	A	D	X
H	Z	S	P	E	S	N	E	S	E	F	Y

Bonus: Match the person to the correct clue.

- | | |
|----------------------------|---------------------------------|
| 1. Beach Boys singer _____ | 7. Revolutionary War hero _____ |
| 2. Baseball player _____ | 8. Singer _____ |
| 3. Religious leader _____ | 9. Comedienne _____ |
| 4. Actor _____ | 10. Movie critic _____ |
| 5. Actress/icon _____ | 11. Tennis champion _____ |
| 6. TV journalist _____ | 12. Architect _____ |

Searching for June

The words listed below can be found vertically, horizontally, diagonally, forward, and backward.



F	P	N	C	L	L	F	E	C	C	J	C	Y	R	J
E	S	O	R	A	L	N	S	R	A	C	F	A	E	Z
W	N	A	Y	A	I	B	L	A	M	K	N	D	M	W
U	E	M	G	H	K	K	X	B	P	A	K	S	M	U
P	I	D	S	V	A	C	A	T	I	O	N	R	U	X
S	A	N	D	J	A	C	J	W	N	E	B	E	S	X
Y	U	A	I	I	A	U	X	O	G	U	V	H	F	L
S	X	F	W	M	N	F	Q	I	A	T	G	T	C	F
S	V	Z	X	E	E	G	D	O	K	C	E	A	T	C
K	L	R	D	B	T	G	S	I	X	T	H	F	J	H
N	Q	S	G	Y	O	W	O	J	X	A	L	C	U	J
S	L	M	L	G	X	E	I	G	F	Y	J	A	J	N
R	E	C	N	A	C	Z	I	N	G	X	D	N	A	R
R	N	G	F	I	U	C	F	Y	S	I	Q	M	Y	I
O	Y	F	X	A	D	Y	W	W	S	C	A	Y	G	S

- | | | |
|---------------|--------|----------------|
| CAMPING | GEMINI | SUMMER |
| CANCER | JUNE | SUNSHINE |
| CRAB (Cancer) | PEARL | TWINS (Gemini) |
| FATHER'S DAY | ROSE | VACATION |
| FLAG DAY | SIXTH | WEDDINGS |

JUNE 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4