## How to Get Started as a PACE CNY Volunteer:

- ✓ Call PACE CNY at 315-452-5800 and ask for an application form or
- ✓ Go online to www.pacecny.org or
- Stop by PACE CNY and ask for an application at the reception desk.

A staff member will call you within one week to set up an interview.

Volunteer schedules are flexible.

Let's talk about how we can work together!

Please join our team of volunteers. It will be a life changing experience.

Zoraida Kimpel is PACE CNY's 2018 Volunteer of the Year at the East Syracuse McAuliffe location. She is an Interfaith Works Senior Companion who visits people in their homes



and encourages participation at the day center. Zoraida looks forward to her time volunteering with PACE CNY and states, "It's so nice to be with people and make their day brighter."

"One of the greatest gifts you can give is your time"



315-452-5800

Toll free: 1-888-728-7223 TTY: 1-800-662-1220

A member of the Loretto family of care www.pacecny.org



Sally Coyne Center 100 Malta Lane North Syracuse, NY 13212

Catherine McAuliffe Health Center 115 Creek Circle East Syracuse, NY 13057



## Volunteer

and See What Great Things Happen!





PACE CNY is based on the philosophy that emphasizes maximum independence and dignity for frail seniors in their homes.

A multidisciplinary team provides services to meet the needs of each participant.

PACE CNY offers home care, medical care, rehab/restorative services, social day care, nutritional services and transportation.

The goal is for participants to remain as independent as possible in their own homes with the support and services of PACE CNY.

PACE CNY day centers offer the opportunity for participants to interact with others and enjoy a variety of recreational activities.

Volunteer opportunities are available at either location:

100 Malta Lane North Syracuse, NY 13212

115 Creek Circle Drive East Syracuse, NY 13057

PACE CNY is part of the Loretto network of services, caring for older adults in Central New York since 1926.

## **Volunteer Opportunities**



- Friendly Visitor
- Gardener
- Clerical Helper
- Seamstress
- Ms. or Mr. "Fix It"
- Nutrition helper
- Shoppers/errands
- DME repair
- Library work
- Arts/crafts teacher
- Musician
- Special Events Assistant
- Escort
- Receptionist
- · And much more



## Benefits of Volunteering

- ✓ Meet and work with friendly people.
- ✓ Make a difference in peoples' lives.
- ✓ Help members of our community retain the dignity they need and deserve.
- ✓ Share your time and talents.
- ✓ Work as an important part of the healthcare team.

