

## Meet Our Medical Staff



### David Heisig, MD, Medical Director

Dr. Heisig specializes in gastroenterology and has served as the Medical Director of PACE CNY since 2019. He is a graduate of Albany Medical College of Union University and completed his Internal Medicine training at SUNY Upstate Medical Center in Syracuse. During his tenure at SUNY Upstate, he was an Academic Gastroenterologist and served as the Residency Program Director for the Department of Medicine. Dr. Heisig joined Associated Gastroenterologists of CNY and practiced there for ten years, and then returned to teaching as a Professor of Medicine at SUNY Upstate.



### Twinkle Patel, MD

Dr. Twinkle Patel is a graduate of medical school in Gujarat, India. She served her residency at Sacred Heart hospital in Allentown, PA, where she won the best residency award for scholarly achievement, professionalism and high moral and ethical conduct. She is a member of the American Board of Family Practice. The structure of PACE CNY treatment, which is the multi-disciplinary team approach to elderly care and the interaction between patients and family, was the determining factor in Dr. Patel's joining PACE CNY.



### Cynthia Liu-Chen, MD

Dr. Liu-Chen graduated from Peking University Medical College in Beijing, China, and received her PhD in Molecular Pharmacology from the Graduate School of Medical Sciences at Cornell University. She completed a Family Medicine Residency at Guthrie Clinic/Robert Packer Hospital in Sayer, PA, and a Geriatric Fellowship at Thomas Jefferson University Hospital in Philadelphia, PA. Dr. Liu-Chen worked as a primary care physician/geriatrician in private practice at Buffalo Medical Group for 14 years. She joined PACE CNY Staff at the beginning of 2024 because of the patient-centered multi-disciplinary team modality of elderly care at PACE CNY.



### Suzanne Lamanna, DO

Dr. Suzanne Lamanna received her Master's from St. Bonaventure's and her D.O. from the University of New England College of Osteopathic Medicine. She completed her Family Medicine Residency training at St. Joseph's Hospital in Syracuse, where she also served as Chief Resident. Dr. Lamanna worked in the St. Joseph Primary Care offices for five years before establishing her family practice in North Syracuse for two decades.



### Sally Klemens, MD

Dr. Sally Klemens received her medical degree at the University of Pittsburgh School of Medicine. She completed her Internal Medicine residency at Upstate Medical Center and her Infectious Disease fellowship at the same institution. Dr. Klemens then worked at Upstate Medical Center and VAMC with an academic appointment for seven years. She has most recently practiced at St. Joseph's Hospital for 24 years. Dr. Klemens joined PACE CNY in July of 2022.



### Paul Sansone, MD

Dr. Sansone graduated from SUNY Buffalo School of Medicine and completed Internal Medicine residency at Dartmouth-Hitchcock Medical Center (DHMC). After practicing primary care at the Veterans Affairs Medical Center, he completed a residency in Anesthesiology, followed by a fellowship in Pain Medicine, both at DHMC. He was on staff as an Assistant Professor in Anesthesiology for eight years at DHMC, before assuming the role of director of Pain Medicine at Alice Peck Day Memorial Hospital and Catholic Medical Center. He also served part-time at Healthcare for the Homeless in Manchester, NH. Recognizing the need to treat the whole patient, he transitioned into Hospice and Palliative Medicine, and completed fellowship training again at DHMC. After working as an inpatient consultant at St. Joseph's Hospital, Dr. Sansone welcomed the opportunity to join the PACE CNY team. He is committed to providing the highest level of patient-centered care as part of the multidisciplinary PACE team.



### **Margaret Wade, PhD, DNP, FNP-C**

Margie Wade is a Nurse Practitioner board-certified by the American Academy of Nurse Practitioners. She received her doctorate of nursing practice degree from Chatham University and was a Clinical Assistant Professor at Upstate Medical University and Le Moyne College. Margie has more than 25 years of experience as a nurse practitioner and is a former president of the local chapter of the NYS Nurse Practitioner Association.



### **Desta Anthony, NP**

Desta Anthony is a board-certified Nurse Practitioner by the American Academy of Nurse Practitioners in Adult Health, a certified Dementia Care Provider by The National Council of Dementia Practitioners, has a Palliative Care Designation by the Center to Advance Palliative Care, and is a member of the Hospice & Palliative Care Nurses Association. She graduated from Upstate Medical University in 2001, and is a current preceptor for Keuka College.



### **Jennifer Winiarczyk-Nalle, PMHNP-BC**

Jennifer Winiarczyk-Nalle is a board-certified Psychiatric Mental Health Nurse Practitioner. A native of Syracuse, she has worked locally as a Licensed Practical Nurse, Registered Nurse, and Nurse Practitioner. Jennifer has over 20 years of experience working with the geriatric population; seven of which have been dedicated to helping patients living with Alzheimer's and dementia. Jennifer obtained her Master's Degree from Stony Brook University.



### **Christopher Norman, NP**

Chris Norman is a board-certified Geriatric Nurse Practitioner and Holistic Nurse. A native of the Southern Tier, he earned his Master's Degree with Honors at Yale University, completed an Advance Practice Nurse Fellowship in Geriatrics at NYU, and worked with University Geriatricians at Upstate Medical before coming to PACE CNY. Chris is board-certified through the American Nurse Credentialing Center.



### **Jessica Lokay, NP**

Jessica Lokay is a board-certified Family Nurse Practitioner through the American Association of Nurse Practitioners. She earned her Master's degree from Upstate Medical University. Jessica is a native of Syracuse and has worked locally as a Registered Nurse in wound care, neurology, and urology. She joined the PACE CNY staff in 2021 to bring compassion of nursing to preventative and palliative medicine.



### **Ann Macwan, NP**

Ann Macwan is an Adult Gerontology Nurse Practitioner board-certified by the American Academy of Nurse Practitioners. She graduated with a Master's in Nursing from SUNY Stony Brook University. She completed her academic clinical practice requirements at SUNY Upstate in Syracuse, NY.



### **Barbara Kane, NP**

Barbara Kane is a board-certified Family Nurse Practitioner through the American Association of Nurse Practitioners. A graduate of Upstate Medical University, Barbara brings over 35 years of medical experience to PACE CNY. Barbara has worked for Associated Gastroenterology of CNY and Syracuse VA Medical Center. In addition, Barbara has served as an adjunct professor at Upstate Medical's College of Nursing and has lectured extensively for Pesi Healthcare.



### **Ellen McStravick, NP**

Ellen McStravick is a board-certified Adult Gerontology Nurse Practitioner through the American Association of Nurse Practitioners. She is a native of Rochester, NY, and obtained her Master's degree from Daemen University in Amherst, NY. Ellen has nearly two decades of experience in Critical Care and Cardiology.



### **Nicole Olmsted, NP**

Nicole Olmsted is a board-certified Nurse Practitioner through the American Academy of Nurse Practitioners. She earned a Master of Science in Nursing from Upstate Medical University. Before coming to PACE CNY, she worked in the Neuroscience Intensive Care Unit at Upstate Medical Hospital for 10 years. She is a Syracuse native.

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