

# ONONDAGA COUNTY COMMUNITY RESOURCE GUIDE

## NOTE:

This resource guide highlights many, but not all, of the community services available in Onondaga County. It is not intended to be and should not be viewed as a complete list of services available in Onondaga County.



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## ONONDAGA COUNTY RESOURCE ASSISTANCE:

<b>211 CNY</b> – Helpline that provides 24/7 information & assistance for many services in CNY – <a href="http://www.211cny.com">www.211cny.com</a>	DIAL-211
<b>Adult Protective</b>	315-435-2815
<b>Child Protective Services</b>	315-435-2884
<b>CONTACT Hotline</b> Counseling, Crisis & Suicide Hotline	315-251-0600
<b>Onondaga County Office for the Aging</b>	1-800-342-9871
<b>Elder Locator</b>	1-800-677-1116
<b>National Suicide Prevention Hotline</b>	1-800-273-8255
<b>Onondaga County Resource Center (NY Connects)</b> Resource assistance in Onondaga County	315-435-1400
<b>Adult and Long Term Care Services</b>	315-435-2362
<b>Suicide Crisis Line</b>	Call or text 988

## ADULT CARE FACILITIES – ASSISTED LIVING AND RETIREMENT COMMUNITIES

<b>Bernardine Retirement Community (Loretto)</b> 417 Churchill Ave. Syracuse, NY 13205	315-413-3564
<b>Brookdale Bellevue (Has Memory Care Community)</b> 4330 Onondaga Blvd. Syracuse, NY 13219	315-468-5108
<b>Brookdale East Side</b> 7164 E Genesee St. Fayetteville, NY 13066	315-637-5127
<b>Brookdale Fayetteville (Memory Unit)</b> 5125 Highbridge St. Fayetteville, NY 13066	315-637-2000
<b>Brookdale Liverpool</b> 4055 Long Branch Rd. Liverpool, NY 13090	315-451-3221
<b>Brookdale Manlius</b> 100 Flume Rd. Manlius, NY 13104	315-682-9261
<b>Brookdale Summerfield</b> 100 Summerfield Village Ln. Syracuse, NY 13215	315-492-4041
<b>Buckley Landing – Loretto</b> 7430 Bucklev Rd. N Syracuse, NY 13212	315-413-3772
<b>Camillus Ridge Terrace (Memory Unit)</b> 2453 W Genesee Toke, Camillus, NY 13031	315-672-3790
<b>E.R.I.E. -Enriched Housing Program -Toomey Abbott Towers</b> 1207 Almond St. Syracuse, NY 13210	315-428-8562
<b>Keepsake Village at Greenpoint (has Dementia Unit)</b> 138 Old Liverpool Rd. Liverpool, NY 13088	315-849-9056 315-451-4567
<b>Loretto Programs</b> 700 E Brighton Ave. Syracuse, NY 13205	315-413-3400
<b>Manlius Home for Adults and Assisted Living</b> 215 E Pleasant St. Manlius, NY 13104	315-682-6725
<b>Maple Downs (Memory Care)</b> 7220 E Genesee St. Fayetteville, NY 13066	315-345-5809
<b>McHarrie Point (assisted living and has dementia unit)</b> 7740 Meigs Rd. Baldwinsville, NY 13027	315-638-2525
<b>Parkrose Estates (Memory Care)</b> 7251 Janus Park Dr. Liverpool, NY 13088	315-452-9500





<b>Park Terrace at Radisson</b> 2981 Town Center Rd. Baldwinsville NY 13027	315-638-9207
<b>Peregrine Senior Living at Onondaga Hill</b> 4701 Peregrine Way. Svracuse. NY 13215	315-469-8900
<b>Sedgwick Heights/(Loretto)</b> 1100 James St. Svracuse. NY 13203	315-413-3238
<b>The Athenaeum</b> 150 E Genesee St. Skaneateles. NY 13152	315-685-1400
<b>The Hearth on James</b> 830 James St. Svracuse. NY 13203	315-422-2173
<b>The Heritage/(Loretto Memory Care Assisted Living)</b> 750 F Brighton Ave. Svracuse. NY 13205	315-413-3039
<b>The Manor</b> 49 W Genesee St. Skaneateles. NY 13152	315-729-5061
<b>Menorah Park-The Inn Assisted Living</b> 18 Arbor Lane. Dewitt. NY 13214	315-446-9111
<b>The Nottingham/(Loretto) (also has a Memory Unit)</b> 1305 Nottingham Rd, Jamesville, NY 13078	<b>Independent Living:</b> 315-413-1301 <b>Assisted Living:</b> 315-413-1303 <b>RHCF:</b> 315-413-1305 <b>Borer Memory Unit:</b> 315-413-3104
<b>The Oaks at Menorah Park</b> 18 Arbor Ln. Dewitt. NY 13214	315-449-3309
<b>Towne Center Resort Lifestyle Communities</b> 3900 Medical Center Dr. Favetteville. NY 13066	315-329-2979

<b>ADULT DAY CARE CENTERS: MEDICAL</b>	
<b>Central Park Medical Day Care</b> 116 Martin Luther King East. Svracuse. NY 13205	315-475-1641
<b>St. Camillus Day Health Program</b> 813 Fav Rd. Svracuse. NY 13219	315-488-2951
<b>Self-Direct Social Adult Day Care</b> 8 Smokey Hollow Road. Baldwinsville. NY 13207	315 635-5374
<b>Rothchild Adult Day Health Services at Menorah Park</b> 4101 E Genesee St. Svracuse. NY 13214	315-446-9111 ext. 137/128

## ADULT DAY CARE CENTERS: SOCIAL

<b>Elder Care Social Day Program, Nascentia Health</b> 1050 W Genesee St. Syracuse. NY 13204	315-424-1003
<b>North Area Adult Respite Care</b> Andrew Memorial Methodist Church. N Syracuse. NY	315-695-2234 315-457-9443
<b>PACE CNY (Program of All-inclusive Care for the Elderly)</b> Sally Coyne Center, 100 Malta Lane, N Syracuse, NY 13212 McAuliffe Health Center. 115 Creek Circle. E Syracuse. NY 13057	315-452-5800
<b>St. Camillus Social Day Program</b> 813 Fav Rd. Syracuse NY 13219	315-488-2951
<b>Salvation Army Social Adult Day Center (providing caregiver respite)</b> 749 S Warren St. Syracuse. NY 13202	315-479-1313
<b>Self-Directed Social Day Care</b> 80 Smokev Hollow Road. Baldwinsville. NY 13207	315-635-5374
<b>Silver Fox Senior Social Club</b> 22 E Genesee St, Baldwinsville, NY 13027 7248 Highbridge Rd, Fayetteville, NY	315-635-5335 315-320-3955

## ADULT HOMES

<b>Cross Roads Adult Home- Rescue Mission</b> 120 Gifford St. Syracuse. NY	315-472-6251
<b>Beckwith Family Type Adult Home</b> 4996 Wingate Rd Liverpool. NY 13088	315-378-5907
<b>Keepsake Village at Greenpoint – Adult Memory Unit</b> 138 Old Liverpool Rd. Liverpool. NY 13088	315-565-2706 315-451-4567
<b>Sedgwick Heights</b> 1100 James St. Syracuse. NY 13203	315-475-4388 315-413-3238
<b>Sunnyside Home</b> 7000 Collamer Rd. E Syracuse. NY 13057	315-656-7218 315-656-8606

## ATTORNEYS: SPECIALIZING IN ELDER LAW, MEDICAID ELIGIBILITY & ESTATE PLANNING

**NOTE:** This is not intended to be and should not be viewed as a complete list of attorneys in Onondaga County who specialize in elder law, Medicaid eligibility or estate

<b>Hancock &amp; Estabrook LLP</b> Cora A. Alsante, Esq. 1500 AXA Tower 1, 100 Madison St, Syracuse NY 13202 <a href="http://www.hancocklaw.com">www.hancocklaw.com</a>	315-565-4500 ext. 4501
<b>Mannion Copani</b> 224 Harrison St Ste # 306. Syracuse. NY 13202	315-478-3500
<b>Safe Harbor Wills and Trusts</b> 6702 Bucklev Rd. Syracuse. NY 13212	315-451-4700 315-203-1742

**OTHER LEGAL RESOURCES:**

<b>Hiscock Legal Aid Society</b>	315-422-8191
<b>LEGAL HELP LINE – JUSTICE ALLIANCE OF CNY</b> 221 South Warren St. Suite 300. Syracuse. NY 13202	1-877-777-6152
<b>LEGAL SERVICES OF CENTRAL NEW YORK</b> 221 S Warren St. Ste 300. Syracuse. NY 13202	315-703-6500
<b>SU Elder Law Clinic</b>	315-443-4582 315-443-1962
<b>Volunteer Lawyer Project</b>	315-471-3409

**CASE MANAGEMENT SERVICES:**

<b>Ageing Advocates</b>	315-480-4770
<b>Ageing Well Consulting</b>	315-569-1360
<b>ACR (HIV/AIDS)</b>	315-475-2430
<b>Care Patrol of Syracuse &amp; Rochester</b>	585-532-5558 1-888-672-2102
<b>FISEP (Expanded In-Home Services for Elderly Program)</b>	315-435-2362
<b>Inspire Care of CNY</b>	315-447- 3164
<b>PACE CNY-Program of All-Inclusive Care for the Elderly</b>	315-452-5800
<b>Reflections Management &amp; Care</b>	315-497-7200
<b>Senior Advocate Management</b>	315-380-6195
<b>Syracuse Jewish Family Services</b>	315-446-9111 ext. 231

**CLEANING & ORGANIZING SERVICES:**

<b>AG Organizing &amp; Cleaning Services</b>	315-636-3954 315-218-6022
<b>G &amp; H Cleaning &amp; Organizing- Catherine Rosario</b>	347-803-3244
<b>Syracuse Junk Removal</b>	1-800-GOT- JUNK

## CLINICS & HEALTH PROVIDER INFORMATION:

<b>AIDS Community Resources, Inc</b> 617 W Genesee St. Syracuse, NY 13204	315-475-2430
<b>AIDS/HIV Services at CDC Info</b>	1-800-232-4636
<b>Alcoholic Anonymous Service Center</b>	315-463-5011
<b>Amaus Medical Services at the Cathedral</b> 259 Onondaga St, Syracuse, NY 33202 – Staffed by volunteers – Medical Adult & Pediatric – Dental Services – Serves person without insurance – Call to schedule appointment	315-424-1911
<b>Cardio-Pulmonary Rehabilitation</b>	315-458-7171
<b>Communication Disorder Unit (SUNY Health Service Center)</b>	315-464-4806
<b>Community Options (Traumatic Brain Injury)</b>	315-431-9859
<b>Gebbie- Speech- Language-Hearing Clinic</b>	315-443-4485
<b>K &amp; A Portable Radiology Technology</b>	315-437-1622
<b>Mobile NP Adult Health, PLLC</b>	315-559-1965
<b>Onondaga County Medical Society</b>	315-424-8118
<b>Podiatry &amp; Dental Services at McAuliffe Clinic</b>	315-492-6430
<b>Poverello Health Center</b> 808 Salina Street Syracuse, NY 13208 – Free Clinic if meets criteria – Volunteers provide services for uninsured individuals – Free medical care, optometrist, chiropractor by appointment – Pre-employment & College physicals by appointment – Prescription assistance program	315-423-9961
<b>St Marianne Cope Health Services Clinic</b> 4335 S Salina St, Syracuse, NY 13205 – Volunteer provide services – Appointment needed – Free Dental & Medical Services – Meals, Food Pantry – Free Haircuts – Laundry Services – Counseling	315-961-3067

<b>COMPANION PROGRAM &amp; SERVICES:</b>	
<b>Advocates Inc</b> 290 Elwood Drive Rd Suite 101, Liverpool, NY 13088	315-469-9931
<b>Alzheimer's Solutions</b> P.O. Box 412, Jamesville, NY 13078	315-247-6741
<b>At Home Independent Living</b> (Companionship & Homemaking Services) 4464 Milton Ave, Camillus, NY 13031	315-579-4663
<b>Comfort Keepers</b> 1201 E. Favette St., Syracuse, NY 13210	315-474-0444
<b>Griswold Home Care</b> 110 Buchman Close Circle, Fayetteville, NY 13066	315-636-5191
<b>Home Instead Senior Care</b> 6443 Ridings Rd #123, Syracuse, NY 13206	315-438-3169 680-895-4344
<b>Nascentia Health (Includes Respite Services)</b>	1-888-477-4663
<b>SAGE Upstate Community Center</b> 431 E Favette St, Syracuse, NY 13202	315-478-1923
<b>Senior Companion Program (developmental disabilities)</b>	315-473-5034
<b>Senior Companions/InterFaith Works</b> 1010 James St, Syracuse, NY 13203	315-449-3552 ext. 109
<b>Senior Home Care &amp; Alzheimer's Solution</b> 8 Adler Drive Suite 3, E Syracuse, NY 13057	315-469-1000
<b>Senior Home Care Solutions</b> 8 Adler Dr. #3, E, Syracuse, NY 13057	315-247-6741 315-469-1000
<b>Seniors Helping Seniors of Greater Syracuse</b> <a href="mailto:bwatsonshs@aol.com">bwatsonshs@aol.com</a>	315-280-0739 315-720-4441
<b>Touching Hearts at Home</b> 290 Elwood Dr. #310, Liverpool, NY 13088	315-503-4896

<b>DEMENTIA RESOURCES:</b>	
<b>Alzheimer Association of CNY</b>	315-472-4201
<b>Care Consultation</b>	315-472-4201 ext. 601
<b>Dementia Care Discussion Groups</b>	315-435-2362
<b>Dementia Training Solutions</b>	315-469-1000
<b>Department of Geriatrics – Jacobsen Hall -Upstate Medical Center</b>	315-464-5167
<b>Desta Anthony MobileMed NP Adult Health, LLC</b>	315-559-1965
<b>Onondaga County Adult &amp; Long Term Care</b>	315-435-2362
<b>The Heritage – Loretto Dementia Care</b>	315-492-1329
<b>The Borer Memory Life Community – Loretto Nottingham</b>	315-469-5570

## EQUIPMENT – DURABLE MEDICAL EQUIPMENT (DME):

<b>Adapt Health</b> 300 Gateway Park Dr. N. Syracuse, NY 13212	315-458-3200
<b>AGOR Enterprises</b> (Wheelchair accessible lifts and hand controls) 1241 Erie Blvd W. Syracuse, NY 13204	315-510-4272
<b>Apria Healthcare</b> 6103 E Mollov Rd. E Syracuse, NY 13057	315-463-5217
<b>ARISE-Loan closet</b>	315-671-2927
<b>Lincare</b> 7461 Henry Clay Blvd. Liverpool, NY 13088	315-451-9755
<b>Mopro (Mobility Products Corp).</b> 3232 Erie Blvd E. Syracuse, NY 13214	315-472-0707
<b>Mother Goose Medical Supply</b> 720 N Main St. N Syracuse, NY 13212	315-385-7011
<b>Upstate Home Care</b> 6700 Thompson Rd #7, Syracuse, NY 13211	315-437-1627
<b>LOANER</b> – Medical Equipment available for Baldwinsville Residents: Female Charitable Society	315-638-6277
<b>LOANER</b> –Medical equipment often available through churches – please contact church to inquire	Call church to inquire

## EMERGENCY RESPONSE – ALERT SYSTEMS:

<b>Alzheimer Association</b>	315-472-4201
<b>LifeFone Medical Alert</b>	1-800-331-9198
<b>MEDICAL ALERT &amp; SAFE RETURN</b>	1-888-572-8566
<b>Onondaga Office of Aging</b>	315-435-2362
<b>Project LiveSaver (Electronic device to find missing person)</b>	315-435-3006 1-877-580-5433
<b>Responds 4 Help</b>	315-857-8739
<b>Vital Link</b>	1-800-338-4825 1-800-752-5222

<b>END OF LIFE</b>	
<b>Frances House</b> (Terminally ill/End of Life) 108 Michaels Ave. Syracuse, NY 13208	315-475-5422
<b>Hope for Bereaved</b>	315-475-4673 315-475-9675
<b>Hospice of CNY</b>	315-634-1100
<b>Matthews House -Auburn</b> (Terminally ill/End of Life)	315-252-2052
<b>Nascentia Health Palliative Care</b>	315-477-4663
<b>Veterans Geriatrics &amp; Extended Care Services</b>	315-425-3438

<b>FISCAL INTERMEDIARIES:</b>
<b>Consumer Directed Personal Assistance Program</b> health.ny.gov Fiscal Intermediaries Onondaga County – 2023

<b>FRIENDLY VISITORS / PHONE REASSURANCE:</b>	
<b>Jewish Family Services</b>	315-445-0820 <del>315-446-9111 ext 234</del>
<b>Senior Companion/Interfaith Works</b>	315-449-3552
<b>Telecare</b>	315-251-1400 ext. 115

<b>HOME CARE AGENCIES – CERTIFIED:</b>	
<b>HCR Homecare</b> 6007 Fair Lakes Rd. Ste 200, E Syracuse, NY 13057	1-800-270-4904
<b>Hospice of Central New York</b> 990 Seventh North St. Liverpool, NY 13088	315-634-1100
<b>Kindred at Home Services</b> 200 Elwood Davis Rd. Liverpool, NY 13088	315-461-0209
<b>Nascentia Health</b> 1050 W Genesee St. Syracuse, NY 13204	1-888-477-4663



## HOME CARE AGENCIES – LICENSED:

<b>All Metro Health Care</b> 526 Old Liverpool Rd. Ste 1. Liverpool. NY 13088	315-453-5537
<b>America Homecare Inc.</b> 5710 Commons Park Drive. East Svracuse. NY 13057	315-937-1888
<b>Caregivers</b> 4205 Long Branch Rd. Liverpool. NY 13090	315-451-6886
<b>Changing Seasons Home Care</b> 214 Highbridge St. Fayetteville. NY 13066	315-637-2273
<b>CNY Infusion Services</b> 333 Butternut Dr. Ste 102. Dewitt. NY 13214	315-424-7027
<b>Comfort Keepers</b> 1201 E Fayette St Ste 22. Svracuse. NY 13210	315-474-0444
<b>Coram Healthcare</b> 2949 Erie Blvd E. Ste 103. Svracuse. NY 13224	315-425-8028
<b>Dignity Plus</b> 675 S Nain St #9102. Central Square. NY 13036	315-668-9381
<b>ElderChoice, Inc.</b> 6702 Bucklev Rd #130. Svracuse. NY 13212	315-466-3227
<b>Integrity Home Care Services</b> 813 Fav Rd. Svracuse. NY 13219	315-468-1484
<b>Interim Health Care</b> 3502 James St. Svracuse. NY 13206	315-437-4500
<b>Loretto Geriatric Services (PACE CNY)***</b>	315-452-5800
<b>Maxim Healthcare Services of Syracuse</b> 1011 W. Genesee St. Svracuse. NY 13204	315-476-0600
<b>Medical Registry</b> 2105 W Genesee St. Svracuse. NY 13219	315-468-3239
<b>Menorah Park of CNY</b> 4101 E Genesee St. Svracuse. NY 13214	315-446-9111
<b>Nascentia Health</b> 1050 W Genesee St. Svracuse. NY 13204	1-888-477-4663
<b>Nurse Core of Syracuse</b> 2301 Teall Ave. Svracuse. NY 13206	315-433-9100
<b>Regional Medical Services Inc</b> 25 Main St. Camillus. NY 13031	315-487-8583
<b>Self Direct Inc</b> 7758 Maple Rd. Baldwinsville. NY 13027	315-635-5374
<b>Stafkings Healthcare Systems</b> 417 Electronics Parkwav. Liverpool. NY 13088	315-432-5636
<b>Veterans Only Homecare Program</b> 800 Irving Ave. Svracuse. NY 13210	315-425-4669
<b>Winds of Agape Inc</b> 1414 Grant Blvd. Svracuse. NY 13208	315-425-0547
<b>VA Hospital Based Home Care</b>	XXXX

## HOME CARE: LONG-TERM CARE AT HOME FOR SENIORS

<b>PACE CNY (Program of All-inclusive Care for the Elderly)</b> 100 Malta Ln, N Syracuse, NY 13212 115 Creek Cir. E Syracuse. NY 13057	315-452-5800
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## HOME MAINTENANCE, RENOVATIONS, REPAIRS, MODIFICATIONS:

<b>Access CNY</b>	315-455-7591
<b>ARISE</b>	315-472-3171
<b>Catholic Charities</b>	315-424-1810
<b>Clean All Janitorial</b>	315-472-9189
<b>Home Headquarters Inc</b> 538 Erie Blvd W, Ste 100, Syracuse, NY 13204 <a href="http://www.homehq.org">www.homehq.org</a> <b>MUST MEET ELIGIBILITY CRITERIA</b> – Flex Fund Loan Program – Urgent Care Loan – Neighborhood Initiative Loan Funding – SHAPE-UP Program – Housing Repair	315-474-1939
<b>Onondaga County Community Development Division</b> 421 Montgomery St. Syracuse. NY 13202	315-435-3558
<b>Verizon Center for customers with disabilities</b>	1-888-262-1999

## HOSPITALS:

<b>CROUSE HOSPITAL</b> 736 Irving Ave. Syracuse. NY 13210	315-470-7111
<b>ST. JOSEPH'S HOSPITAL HEALTH CENTER (Trinity)</b> Inpatient Rehabilitation Services 301 Prospect Ave. Syracuse NY 13203 Outpatient Rehabilitation Services 4939 Brittonfield Pkwy. E Syracuse. NY 13057	315-448-5111  315-448-5430 315-455-7203
<b>UPSTATE MEDICAL UNIVERSITY HOSPITAL</b> 750 E Adams St. Syracuse. NY 13210	315-464-5540
<b>UPSTATE UNIVERSITY HOSPITAL AT COMMUNITY GENERAL</b> 4900 Broad Rd. Syracuse. NY 13215	315-492-5011
<b>VETERANS HOSPITAL MEDICAL CENTER</b> VAMC Department of Veterans Affairs. 800 Irving Ave. Syracuse NY 13210	315-425-4400

## HOUSING OPTIONS AND MANAGEMENT:

<b>Care &amp; Share Energy Fund</b>	1-855-852-2736
<b>Chadwick Residence</b> – Serves women at risk with housing assistance 335 Valley Drive, Syracuse, NY 13207	315-476-6554
<b>Christopher Community</b> 990 James St., Syracuse, NY 13203	315-424-1821
<b>ERIE ENRICHED HOUSING</b> 1207 Almond St. Syracuse NY 13210	315-428-8562
<b>HEAP</b> (Home Energy Assistance Program)	315-435-2700
<b>Herr</b> (Heating equipment, repair & replacement)	315-435-8295
<b>Home Owner Assistance</b> 201 Washington St, Syracuse, NY 13202 – STAR, Senior, Vet Tax exemptions, Home Repairs, Financing options	Contact town/ village clerk
<b>National Grid – Upstate NY</b> – Gas Emergency: 1-800-892-2345 or 911 – Electric Outage Report Line: 1-800-867-5222	
<b>NATIONAL GRID CONSUMER ADVOCATES UPSTATE NEW YORK</b> – Ask to speak with a Consumer Advocate for Onondaga County <a href="http://www.nationalgridus.com">www.nationalgridus.com</a>	1-800-642-4272
<b>NURSING HOME TRANSITION &amp; DIVERSION MEDICAID</b>	(See Page
<b>NYDEG Project SHARE Heating Funds</b>	315-472-3171
<b>P.E.A.C.E. Inc</b>	1-855-572-1111
<b>RESCUE MISSION HOMELESS SERVICES</b> 155 Gifford St. Syracuse, NY 13202	315-470-3315
<b>SALVATION ARMY SENIOR SERVICES</b> 677 Salina St, Syracuse NY 13202 – Care Manager, Neighborhood Advisor: 315-479-1152 – EISEP Case Manager: 315-435-2362 ext. 4693 – Housing Coordinator: 315-479-1311	315-472-6251
<b>SYRACUSE HOUSING AUTHORITY</b> 516 Burt St. Syracuse, NY 13202	315-475-6181

## Housing: Other Options:

<b>SUBSIDIZED HOUSING:</b>	
<b>Almus Oliver Towers</b> 300 Burt St. Syracuse, NY 13202	Call Syracuse Housing Authority
<b>Eastwood Heights</b> (Requires Section 8 Eligibility) 1025 Sunnycrest Rd. Syracuse, NY 13206	Call Syracuse Housing Authority
<b>Fahey Court</b> 100 Pastime Dr. Syracuse, NY 13208	Call Syracuse Housing Authority
<b>Hemam Street School Apts</b> 121 E. Heman St. E. Syracuse, NY 13057	Call Syracuse Housing Authority
<b>James-Geddes Apartments</b> 312 & 338 Gifford St & 427 Tully St. Syracuse, NY 13204	Call Syracuse Housing Authority
<b>Ross Towers</b> 710 & 712 Lodi St. Syracuse, NY 13203	Call Syracuse Housing Authority
<b>Toomey Abbott Tower</b> 1207 Almond St. Syracuse, NY 13210	Call Syracuse Housing Authority
<b>Vinette Tower</b> 947 Pond St. Syracuse, NY 13208	Call Syracuse Housing Authority

<b>BUILDINGS WITH ALL SUBSIDIZED APARTMENTS FOR SENIOR CITIZENS AND DISABLED ADULTS ONLY:</b>	
<b>AHEPA Apartments</b> , 100 Ahepa Circle, Syracuse, NY 13215	315-475-3818
<b>Andrews Brick School Terrace</b> , 818 Salt Springs Rd. Syracuse, NY 13224	315-463-5881
<b>Barrett-Dewitt Apartments</b> , 1400 Kinne St, E Syracuse, NY 13057	315-434-1854
<b>Barrett Manor</b> , 4615 Southwood Heights Dr. Jamesville, NY 13078	315-469-1533
<b>Bennett Manor</b> , 100 Bennett Manor Dr, E Syracuse, NY 13057	315-437-4864
<b>Bessie Riordan Apartments</b> , 211 E Molloy Rd. Mattydale, NY 13211	315-455-1457
<b>Bishop Harrison Apartments</b> , 300 Pond St. Syracuse, NY 13208	315-476-8630
<b>501 Catherine St Apartments</b> , 501 Catherine St, Syracuse, NY 13203	315-424-1821
<b>Bishop Ludden Apartments</b> , 817 Fav Rd. Syracuse, NY 13219	315-468-6043
<b>Brick School Terrace Apartments</b> , 311 North Ave. Syracuse, NY 13206	315-463-5881
<b>Byrne Manor Apartments</b> , 4122 Pine Hollow Rd, Liverpool, NY 13090	315-622-0410
<b>Conifer Village</b> , 700 Conifer Dr, Baldwinsville, NY 13027	315-635-7515
<b>Fairmount Gardens Apartments</b> , 4913 W Genesee St. Camillus, NY 13031	315-488-1932
<b>Gateway Apartments</b> , 79 Fennell St. Skaneateles, NY 13152	315-685-3088
<b>Harborbrook Apartments</b> , 811 Fav Rd. Syracuse, NY 13219	315-937-5432
<b>Island Hollow Apartments</b> , 7800 Lunar Dr, Cicero, NY 13039	315-699-2670
<b>Long Retirement Manor</b> , 5500 Miller Rd, Brewerton, NY 13029	315-668-9871
<b>Lucille Manor</b> , 5569 Legionnaire Dr, Cicero, NY 13039	315-698-0507
<b>Ludovico Apartments</b> , 340 Winton St. Syracuse, NY 13203	315-422-0475
<b>Malta House</b> , 212 N Main St, N Syracuse, NY 13212	315-452-1028
<b>Malta Manor</b> , 107 Trolley Barn Ln, N Syracuse, NY 13212	315-362-3502
<b>McCarthy Manor</b> , 501 S Crouse Ave, Syracuse, NY 13210	315-475-6390

**Meadows Apartments, 1 Village View Dr, Tully, NY 13159**

**315-696-6883**

<b>Meadows at Radisson</b> , 3490 Meadowbriar Ln, Baldwinsville, NY 13027	315-635-6125
<b>Nine Mile Landing</b> , 3 Austindale St. Marcellus, NY 13108	315-673-9326
<b>O'Brien Rd Apts # I</b> 7170 O'Brien Rd, Syracuse, NY 13209	315-635-3339
<b>O'Brien Rd Apts # II</b> = 7174 O'Brien Rd, Syracuse, NY 13209	315-635-5434
<b>Pitcher Hill Apartments</b> , 114 Elbow Rd. N Syracuse, NY 13212	315-454-0697
<b>Pompei North Apartments</b> , 143 Mary St, Syracuse, NY 13208	315-472-2614
<b>Providence House Apartments</b> , 1700 W Onondaga St, Syracuse, NY 13204	315-471-8427
<b>Redfield Village Apartments</b> , 380 Salt Springs Rd, Fayetteville, NY 13066	315-637-8280
<b>Rogers Senior Apartments</b> , 5490 Miller Rd, Brewerton, NY 13029	315-676-4174
<b>Sacred Heart Apartments</b> , 8365 Factory St, Cicero, NY 13039	315-699-1509
<b>St. David's Court</b> , 99 Deerfield Rd, E Syracuse, NY 13057	315-434-9406
<b>St. Joseph's Manor</b> , 900 Tyson Pl, Syracuse, NY 13206	315-437-7441
<b>St. Mary's Apartments</b> , 100 LaMadre Way, Baldwinsville, NY 13027	315-638-2003
<b>Solvay Senior Apartments</b> , 200 Russett Ln, Solvay, NY 13209	315-468-6590
<b>Tecumseh Road Senior Apartments</b> , 219 Tecumseh Rd, Dewitt, NY 13214	315-299-5677
<b>The Gardens at St. Anthony</b> , 411 W Colvin St Syracuse, NY 13205	1-888-477-4663
<b>Upper Crown Landing</b> , 33 Maple St, Marcellus, NY 13108	315-673-9422
<b>Villa Scalabrini</b> , 825 E Willow St, Syracuse, NY 13203	315-472-3142
<b>Village Landing Apartments</b> , 55 Jordan St, Skaneateles, NY 13152	315-685-5632
<b>Wedgewood Apartments</b> , 7851 Rte 298, Kirkville, NY 13082	315-633-2735
<b>YMCA Senior Apartments</b> , 340 Montgomery St, Syracuse, NY 13202	315-474-6851

### BUILDINGS WITH ALL SUBSIDIZED APARTMENTS-AGE INTEGRATED:

<b>Courtyard at James</b> , 708 James St, Syracuse, NY 13203	315-479-8612
<b>Grove Street Apartments</b> , 5 Grove St, Tully, NY 13159	315-699-5680
<b>Parkside Commons</b> , 1901 E Fayette St, Syracuse, NY 13210	315-475-5027

### BUILDINGS WITH A MIXTURE OF NON-SUBSIDIZED AND SUBSIDIZED - AGE INTEGRATED:

<b>Clinton Plaza Apartments</b> , 550 S Clinton St, Syracuse, NY 13202	315-475-2141
<b>Festival Garden Apartments</b> , 6162 Rte 20, Lafayette, NY 13084	315-677-3836
<b>Greely Apartments</b> , 700 W Onondaga St, Syracuse, NY 13204	315-424-1821
<b>Mercer Mill Apartments</b> , 400 Land Rush Way, Baldwinsville, NY 13027	315-635-2338
<b>Minoa Estates</b> , 501 Edgerton St, Minoa, NY 13116	315-656-7121
<b>Mount St. James Apartments</b> , 338 Jamesville Ave, Syracuse, NY 13210	315-478-0731
<b>Pinecrest Manor Apts</b> , 7300 Cedarpost Rd #D7, Liverpool, NY 13088	315-451-3110
<b>Springfield Garden Apartments</b> , 76 Caton Dr, Dewitt, NY 13214	315-446-6140
<b>Wedgewood Apts</b> , 7851 NY 298, Kirkville, NY 13082	315-633-9815

**BUILDINGS WITH MIX OF SUBSIDIZED AND NON-SUBSIDIZED,  
FOR SENIOR CITIZENS AND DISABLED ADULTS ONLY:**

<b>Bernardine Apartments/(Loretto)</b> , 417 Churchill Ave. Syracuse, NY 13205	3215-413-3564
<b>Brighton Towers</b> (55+ years) 821 E Brighton Ave. Syracuse, NY 13205	315-469-6919
<b>Centerville Court</b> , 400 Sandra Ln, N Syracuse, NY 13212	315-458-7867
<b>Valley Vista Apartments</b> , 122 W Seneca Tpke, Syracuse NY 13205	315-469-4100

**LOW TO MODERATE INCOME; AGE INTEGRATED PARTIAL  
SUBSIDIES; MAY BE AVAILABLE FOR THE ELDERLY:**

<b>Bayshore North Apartments</b> , 9457 Chalkstone Course, Brewerton, NY 13029	315-668-9696
<b>Cobblestone Square Apartments</b> , 6112 Cobblestone Dr, Apt A3, Cicero, NY 13039	315-699-5204
<b>Courtvard at James</b> , 708 James St. Syracuse, NY 13203	315-479-8612
<b>Greenway Apartments</b> , 8670 Braewood Dr, Baldwinsville, NY 13027	315-638-4575
<b>Joslyn Court</b> , 4320-4340 S Salina St, Syracuse, NY 13205	315-802-4456

**BUILDINGS FOR SENIORS AND HANDICAPPED ADULTS ONLY:**

<b>Applewood Manor</b> , 5554 W Genesee St, Camillus, NY 13031	315-468-4556
<b>Buckley Square Senior Apartments</b> , 6715 Buckley Rd, N Syracuse, NY 13212	315-457-2042
<b>Camillus Pointe</b> , 3877 Milton Ave, Camillus, NY 13031	315-708-0215
<b>Colonial Village Apartments</b> , 5890 Bowman Rd, E Syracuse, NY 13057	315-656-2930
<b>Connelly Acres Apartments</b> , 143 Maple Dr, Camillus, NY 13031	315-672-5302 315-468-4556
<b>East View Gardens Apartments</b> , 112 East Ave, Minoa, NY 13116	315-656-3385
<b>Maloney Manor</b> , 104 Parkway Dr, N Syracuse, NY 13212	315-699-2670
<b>Morgan Square Apartments</b> , 8547 Morgan Rd, Clay, NY 13041	315-409-4319
<b>One Franklin Square Apartments</b> , 460 N Franklin St, Syracuse, NY 13204	315-474-5774
<b>Onondaga Boulevard Senior Apts</b> , 4624 Onondaga Blvd, Syracuse, NY 13219	315-422-0347
<b>Salina School Apartments</b> , 512 Le Moyne Ave, Syracuse, NY 13208	315-472-8234
<b>Toll Road Senior Apartments</b> , 108 Singleton Ave, #100, N Syracuse, NY 13212	315-214-0284
<b>Union Free School Elderly Apartments</b> , 23 First St, Camillus, NY 13031	315-802-4280
<b>Village Commons</b> 201 S Main St, N Syracuse, NY 13212	315-410-0373

**OTHER RETIREMENT COMMUNITIES:**

<b>Brookdale</b> 100 Summerfield Village Lane, Syracuse, NY 13218	315-492-4041
<b>Limestone Garden Apartments</b> 7626 Highbridge Rd, Manlius, NY 13104	315-682-7001
<b>Maple Downs</b> 7220 E Genesee St, Fayetteville, NY 13066	315-637-0297

<b>McHarrie Towne Inc</b> 2464 Betsv Dr. Baldwinsville. NY 13027	315-638-1172
<b>Parkrose Estates</b>	315-452-9500



7251 Janus Park Dr, Liverpool, NY 13088	
<b>Red Mill Manor</b> 4 Syracuse St, Baldwinsville, NY 13027	315-303-0406
<b>The Glenn (Loretto)</b> 1303 Nottingham Rd, Jamesville, NY 13078	315-445-9242
<b>The Hearth at Greenpoint</b> 150 Old Liverpool Rd. Liverpool. NY 13088	315-453-7911
<b>The Hearth on James</b> 830 James St, Syracuse, NY 13203	315-422-2173
<b>The Nottingham/(Loretto)</b> 1301 Nottingham Rd. Jamesville. NY 13078	315-445-9242
<b>The Oaks at Menorah Park</b> 18 Arbor Ln, Dewitt, NY 13214	315-449-3309
<b>Towne Center Retirement Community</b> 3900 Medical Center Drive, Fayetteville, NY 13066	315-329-6464

### LORETTO COMMUNITY RESIDENCE – GROUP HOMES:

<b>Loretto Community Residence (3)</b> <i>(Psychiatric Diagnosis Required – Treatment and Services in a Community Residence)</i> 5018 S Salina St, Syracuse, NY 13205 4810 S Salina St, Syracuse, NY 13205 50 Syracuse St, Baldwinsville, NY 13027	315-413-3592
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### MEALS ON WHEELS:

<b>Baldwinsville Meals on Wheels</b> 76 Canton St. Baldwinsville. NY 13027	315-638-2171
<b>ECHO Meals on Wheels West</b> c/o Camillus Town Hall 4600 W Genesee St. Syracuse. NY 13219	315-487-2878
<b>MOW of Eastern Onondaga County</b> 7248 Highbridge Rd. Fayetteville. NY 13066	315-637-5446
<b>MOW Kosher</b> 4101 E Genesee St, Syracuse, NY 13214	315-446-9111 ext. 256
<b>MOW of Syracuse Inc - Serves:</b> City of Syracuse, Nedrow, Jordon Elbridge, Onondaga Nation, Skaneateles 300 Burt St. Syracuse. NY 13202	315-478-5948
<b>North Area Meals on Wheels</b> 413 Church St. N Syracuse. NY 13212	315-452-1402

**MEDICAL HEALTH & PRESCRIPTION INSURANCE / POOLED TRUST  
INFORMATION / SOCIAL SECURITY:**

<p><b>EPIC (Prescription Protection for Seniors/Medication Insurance Plan)</b>          PO Box 15018, Albany, NY 12212-5018  <a href="mailto:enic@health.state.ny.us">enic@health.state.ny.us</a></p>	<p>1-800-332-3742          TTY 1-800-290-9138</p>
<p><b>HIICAP – (Health Insurance Information, Counseling &amp; Assistance)</b></p>	<p>315-435-2362</p>
<p><b>LORETTO FOUNDATION ‘POOLED TRUST’</b></p>	<p>315-413-3370          315-413-3205</p>
<p><b>MEDICAID (Chronic &amp; Community)</b></p>	<p>315-435-2928</p>
<p><b>MEDICAID CHRONIC CARE UNIT</b>          Civic Center Fl 8, 421 Montgomery St, Syracuse ,NY 13202          *Note: For a Medicaid Application go to <a href="http://www.naccny.org">www.naccny.org</a> and click on Medicaid link</p>	<p>315-435-3840</p>
<p><b>MEDICARE</b>  <a href="http://www.Medicare.gov">www.Medicare.gov</a></p>	<p>1-800-          MEDICARE</p>
<p><b>OFFICE OF AGING – MEDICARE ADVOCACY (Insurance &amp; Drug Plans)</b></p>	<p>315-435-2362</p>
<p><b>MEDICARE MADE SIMPLE</b> Medicare consultation and enrollment services          Theresa Cangemi, Owner/Consultant  <a href="http://www.MyMedicareMadeSimple.com">www.MyMedicareMadeSimple.com</a></p>	<p>315-676-4933</p>
<p><b>MEDICARE SUPPLEMENTAL &amp; RX PLAN SPECIALIST</b>          Amanda MacLachlan  <a href="http://www.ImwithAmanda.com">www.ImwithAmanda.com</a></p>	<p>315-676-4933</p>
<p><b>SOCIAL SECURITY ADMINISTRATION</b>          Medicare – Disability Benefits – Survivor Benefits – Etc.  <a href="http://www.SSA.gov">www.SSA.gov</a></p>	<p>1-866-755-4884</p>

<b>MENTAL HEALTH RESOURCES:</b>	
<b>ACCESS CNY</b>	315-478-4151
<b>ACCESS TEAM: Youth Mental Health Services</b>	315-463-1100
<b>Adult &amp; Long-Term Care Mental Health Services</b> John H. Mulrov Civic Center, 421 Montgomery St. 10 <sup>th</sup> Fl. Syracuse, NY 13202	315-435-3355
<b>Belvedere Addiction Center</b>	315-457-4700
<b>Bright Path Addiction Counseling Center</b>	315-458-0919
<b>Central New York Services (CNYS) – mental health/chemical dependency</b>	315-478-2453
<b>Chemical Dependency Treatment (Outpatient)</b> 410 S. Crouse Ave. Syracuse, NY 13210	315-470-8304 1-800-727-6873
<b>Conifer Park Syracuse Outpatient Clinic (Alcohol/Chemical Dependency)</b>	315-453-3911
<b>CNY Information and Referral Services</b>	1-844-245-1922 or 211 in Onondaga County
<b>C-PEP (Comprehensive Psychiatric Emergency Program)</b> 301 Prospect Ave. Syracuse, NY 13203	315-448-6555
<b>Crisis Outreach:</b>	315-726-8650  Mobile Unit .
<b>Crouse Hospital Chemical Dependency Treatment Services</b>	315-470-8304
<b>Loretto Community Residence (3)</b> (Psychiatric Diagnosis Required – Treatment and Services in a Community Residence) 5018 S Salina St, Syracuse, NY 13205 4810 S Salina St, Syracuse, NY 13205 50 Syracuse St, Baldwinsville, NY 13027	315-413-3592
<b>NAMI Syracuse Inc (National Alliance for the Mentally Ill)</b> 917 Avery Ave, Syracuse, NY 13204	315-487-2085
<b>Suicide Prevention Lifeline</b>	1-800-273-8255

<b>MENTAL HEALTH RESOURCES: OTHER OUTPATIENT PSYCH PROGRAMS &amp;</b>	
<b>ARISE</b>	315-472-3171
<b>ARC Health</b>	315-475-2430
<b>Children Mental Health Services</b>	315-463-1100
<b>Liberty Resources</b>	315-472-4471
<b>Liberty Resource Mobile Crisis Team</b>	315-251-0800
<b>Charities Family Services</b>	315-424-1840
<b>Helio Health (24 hour helpline)</b>	315-471-0568
<b>Hutchings Psychiatric Center</b>	315-426-3600
<b>Jewish Family Services</b>	315-446-9111
<b>Circare – Care Management</b>	315-472-7363
<b>Onondaga County Department of Mental Health Clinic</b>	315-435-3355 ext. 3
<b>Onondaga Co. Children and Services Mental Health Division</b> 315-435-7711 Onondaga Co. Children and Services Mental Health Division	315-435-7711

<b>SU Couple and Family Therapy Center</b>	315-443-3023
<b>SUNY Adult Psychiatric Clinic</b>	315-464-3100

<b>SU Psychological Services Center</b>	315-443-3595
<b>Syracuse Community Health Center</b>	315-476-7921
<b>Tully Hill</b>	315-696-6114
<b>Upstate Adult Psychiatry Clinic</b>	315-464-3165
<b>VA Medical Center</b>	315-425-4400
<b>Telephone Outreach Programs (has emergency response team)</b>	315-448-65XX
<b>24-Hour Telephone Services:</b> Contact Hotline (suicide/crisis hotline and counseling)	315-251-0600 Call or Text - 988

<b>NURSING HOMES:</b>	
<b>Bishop Rehabilitation and Nursing Center</b> 918 James St, Syracuse, NY 13203	315-474-1561
<b>Central Park Rehabilitation and Nursing Center</b> 116 Martin Luther King E, Syracuse, NY 13205	315-475-1641
<b>Loretto Health &amp; Rehabilitation Center</b> 700 E Brighton Ave, Syracuse, NY 13205	315-413-3400
<b>Fahey Rehab - STR/(Loretto)</b> 700 E Brighton Ave, Syracuse, NY 13205	315-413-3400
<b>Iroquois Nursing Home</b> 4600 Southwood Heights Dr, Jamesville, NY 13078	315-469-1300
<b>Menorah Park &amp; Jewish Family Services</b> 4101 E Genesee St, Syracuse, NY 13214	315-446-9111
<b>Physical Medicine &amp; Rehab at University Hospital</b> 750 E Adams St, Syracuse, NY 13210	315-464-5820
<b>Sunnyside Care Center</b> 7000 Collamer Rd, E Syracuse, NY 13057	315-656-7218
<b>Syracuse Home at McHarrie Point</b> 7740 Meigs Rd. Baldwinsville. NY 13027	315-638-2521
<b>The Centers at St Camillus</b> 813 Fay Rd, Syracuse, NY 13219	315-488-2951
<b>The Cottages at Garden Grove</b> 5460 Meltzer Court, Cicero, NY 13039	315-699-1619
<b>The Onondaga Center</b> 217 East Ave, Minoa, NY 13116	315-656-7277
<b>The Grand at Chittenango</b> 331 Russell St, Chittenango, NY 13037	315-687-7255
<b>The Nottingham SNF (Loretto)</b> 1305 Nottingham Rd. Jamesville. NY 13078	315-446-0123
<b>Van Duyn Home &amp; Hospital</b> 5075 W Seneca Turnpike, Syracuse, NY 13215	315-449-6000
<b>Veteran's</b> 800 Irving Ave. Syracuse. NY 13210	315-425-4400

<b>NUTRITIONAL SUPPORTS:</b>	
<b>Food Banks</b>	315-437-1899
<b>Food Pantries</b>	315-474-8855
<b>Food Stamps</b>	315-437-1899 ext. 224
<b>Free Meal Sites – All ages</b>	Call 315-435-2362 for site listings
<b>Jewish Family Services</b>	315-445-0820
<b>Meals On Wheels – Home delivered meals - MOW</b>	See Page 21 specific site
<b>Nutritional Outreach &amp; Educational Program (NOEP)</b>	315-437-1899 ext. 224
<b>Onondaga County Dept of Adult &amp; Long-Term Services</b>	315-435-2362
<b>Senior Dining Sites</b>	315-470-3331
<b>SNAP</b>	1-800-342-3009

<b>ONONDAGA COUNTY DEPARTMENT OF ADULT AND LONG-TERM CARE SERVICES: <a href="http://www.ongov.net/aging">www.ongov.net/aging</a></b>	
<b>John H. Mulroy Civic Center</b> 421 Montgomery St. 10 <sup>th</sup> Fl. Syracuse, NY 13202	<b>315-435-2362</b>
<ul style="list-style-type: none"> <li>– Caregiver Services</li> <li>– Caregiver Support and Mediation</li> <li>– Institute for Caregiver -Parkinson’s &amp; Caregiver Discussion</li> </ul> <p>Groups</p> <ul style="list-style-type: none"> <li>– HIICAP (Health Insurance Information, Counseling &amp; Assistance)</li> </ul> <p><b>EISEP (Expanded In Home Services for the Elderly Program)</b></p> <ul style="list-style-type: none"> <li>– Non Medical Home Care</li> <li>– Respite</li> <li>– HEAP (Home Energy Assistance Program)</li> <li>– Health Promotion &amp; Disease Prevention Programs</li> <li>– Community Service Programs</li> <li>– Home Repairs/Housing Counseling</li> </ul> <p><b>Neighborhood Advisors Home Visits</b> (Assist with financial &amp; medical &amp; nutrition &amp; transportation applications, health care, legal advice, Housing, Food stamps, Home Energy assistance, HEAP, Property Tax reduction, Caregiver Info &amp; Socialization)</p> <ul style="list-style-type: none"> <li>– Legal Services</li> <li>– Senior Center Activities</li> <li>– Social Work Services</li> <li>– Referrals for Transportation Options</li> <li>– Senior Shopping Services</li> </ul> <p><b>NY Connects (315-435-1400)</b> Information &amp; Assistance on Long Term Care</p>	<b>315-435-1400</b>



<ul style="list-style-type: none"> <li>- Home Care Services (Non-Medical/Medicaid Based)</li> <li>- Nutrition Services</li> <li>- Senior Dining Sites</li> <li>- Home Delivered Meals</li> <li>- Nutrition Counseling &amp; Education</li> <li>- Senior Farmer's Market Nutrition Coupons</li> </ul>	
<b>Call direct for support on the following:</b>	
<b>Aging Referrals &amp; Resources</b>	315-435-2362
<b>Elder Abuse Outreach &amp; Education/Vera House</b>	315-425-0818
<b>Legal Services</b>	315-475-3127
<b>Long-Term Care Ombudsman Program</b>	315-424-1810 ext. 13
<b>Ramp Program</b>	315-435-3558
<b>Respite Services</b>	315-476-4295
<b>Senior Non-Emergency Hotline</b>	1-800-342-9871
<b>Senior Centers</b>	315-435-2362
<b>Social Work Services (Aurora of CNY clients only)</b>	315-422-7263
<b>Social Day Programs</b>	315-435-2362
<b>Transportation/Call-A-Bus</b>	315-442-3420

<b>ONONDAGA COUNTY DEPARTMENT OF SOCIAL SERVICES:</b>	
421 Montgomery St. Syracuse, NY 13202	315-435-2985
<b>Call direct for support on the following:</b>	
<b>Financial Management (medical costs)</b>	315-435-8207
<b>Adult Protective Services (5<sup>th</sup> Fl CC)</b>	315-435-2815
<b>Cancer Services</b>	315-435-3653
<b>Child Protective Services (7<sup>th</sup> Fl CC)</b>	315-435-2884
<b>Food Stamps (based on income) (income maintenance) (2<sup>nd</sup> Fl CC)</b>	315-435-2700
<b>Home Energy Assistance Program (HEAP) (7<sup>th</sup> Fl COB)</b>	315-435-2700 ext. 1
<b>Medicaid Division (5<sup>th</sup> Fl CC)</b>	315-435-2928
<b>Temporary Assistance (income assistance) (2<sup>nd</sup> Fl CC)</b>	315-435-2700

<b>ONONDAGA COUNTY RESOURCE ASSISTANCE:</b>	
<b>ONONDAGA COUNTY NY CONNECTS</b> 421 Montgomery St, Syracuse, NY 13202 (They can help arrange PRI/Screen for individuals)	315-435-1400
<b>ONONDAGA COUNTY PUBLIC LIBRARY</b> 447 S Salina St, Syracuse, NY 13202	315-435-1900 <b>Services for the Disabled</b> <b>Call:</b>



**PACE CNY (PROGRAM OF ALL-INCLUSIVE CARE FOR THE ELDERLY):**

100 Malta Ln, N Syracuse, NY 13212 115 Creek Cir, E Syracuse, NY 13057	315-452-5800
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**RAMPS – WHEELCHAIR ACCESS:**

<b>ARISE</b>	315-472-3171
<b>Home Head Quarters</b>	315-474-1939
<b>Community Development -Ramp &amp; Accessibility Modification Program</b>	315-435-3558

**RELOCATION & TRANSITION SPECIALISTS:**

<b>ARISE-Open Doors Transition Center</b>	315-671-2948
<b>Caring Transitions of Syracuse</b> <a href="http://caringtransitionsofsvr.com">caringtransitionsofsvr.com</a>	315-401-7633
<b>Doug Carmichael &amp; Associates</b> <a href="http://www.cnyseniormove.com">www.cnyseniormove.com</a>	315-420-9019
<b>Johnston Moving Solutions</b> <a href="mailto:johnstonmoving@gmail.com">johnstonmoving@gmail.com</a> Frika Johnston, Owner	315-559-9494

**REPRESENTATIVE (REP) PAYEE PROGRAM:**

<b>ARISE</b>	315-472-3171
<b>Catholic Charities</b>	315-424-1810
<b>CNY Services</b>	315-478-2453
<b>Syracuse Jewish Family Services</b>	315-446-9111 ext. 231

<b>RESPIRE CARE:</b>	
<b>ARC of Onondaga (Developmentally Disabled Individuals)</b>	315-476-7441
<b>ARISE (children &amp; Adults with disabilities)</b>	315-671-3092
<b>Brookdale Bellevue</b>	1-866-882-3746
<b>Beckwith Family Type Adult Home (Liverpool)</b>	315-378-5907
<b>Caregiver Respite Care</b>	315-4354-2362
<b>Children Out of Home Respite</b>	Call 211 for list & numbers
<b>Exceptional Family Resources</b> (Serves the disabled Community)	315-478-1462 ext. 334 or 329
<b>Loretto Inpatient</b>	315-413-3400
<b>Menorah Park of CNY</b>	1-866-946-6888
<b>Nascentia Health</b>	1-888-477-4663
<b>New York Connects Respite Options</b>	1-800-342-9871
<b>Onondaga Office of Aging</b>	315-476-4295 ext. 4693
<b>VA Home Respite Program for the Primary Caregiver (Veterans Only)</b>	315-425-4315 315-350-1447 315-425-4669
<b>VA Inpatient Respite</b>	315-425-4400
<b>Nursing Home Respite Care</b>	Check with specific facilities availability and cost

<b>SENIOR CENTERS:</b>	
<b>Camillus Senior Center, 25-1/2 First St, Camillus NY 13031</b>	315-672-5820
<b>Canton Woods Senior Center, 76 Canton St, Baldwinsville NY 13027</b>	315-638-4536
<b>Cicero Senior Center, 5924 Lathrop Dr, Cicero NY 13039</b>	315-452-3298
<b>Clay Senior Center, 4948 Rte #31, Clay NY 13041</b>	315-652-3800 Ext # 137
<b>Clover Corner Senior Center - Huntington, 405 Gifford St, Syracuse NY 13204</b>	315-476-3157 or 315-410-0231
<b>Dewitt Parks &amp; Recreation/Dewitt Town Hall, 5400 Butternut Dr, E Syracuse NY 13057</b>	315-446-9250 Ext. 134/Ext 9
<b>Dunbar Association, 1453 S State St, Svracuse NY 13205</b>	315-760-3155
<b>Frank DeFrancisco Eastwood Senior Ctr, 401 S Midler Ave, Svracuse NY 13206</b>	315-437-4011
<b>Fayetteville Senior Center, 584 E Genesee St, Fayetteville NY 13066</b>	315-637-9025
<b>Jewish Community Center, 5655 Thompson Rd, Dewitt NY 13214</b>	315-445-2360
<b>John Carno Recreation Center, 823 State Fair Blvd</b>	315-487-8243
<b>Jordan/Elbridge Community Center, 1 Rte 31, Jordan NY 13080</b>	315-689-3431
<b>Manlius Senior Centre, One Arkie Albanese Ave, Manlius NY 13104</b>	315-682-7889
<b>Magnarelli Community Center at McChesney Park, 2300 Grant Blvd, Syracuse NY 13208</b>	315-473-2673
<b>Northeast Community Center, 716 Hawley Ave, Svracuse NY 13203</b>	315-472-6343
<b>North Syracuse Community Center, 700 S Bay Rd, N Syracuse NY 13212</b>	315-458-8050

<b>Onondaga Senior Center</b> , 4834 Velasko Rd, Syracuse NY 13215	315-469-3464
<b>Robert Cecile Community Center</b> , 174 W Seneca Tpke, Syracuse NY 13205	315-473-2678

<b>SAGE/Upstate</b> , 431 E Fayette St, Lower Level, Syracuse NY 13202	315-478-1923
<b>Salina Civic Center</b> , 2826 Le Moyne Ave, Mattydale NY 13211	315-454-0168 <b>Temporarily Closed</b>
<b>Salvation Army Adult Community Center</b> , 749 S. Warren St, Syracuse NY 13202	315-479-1156 315-479-1325 315-479-1311
<b>Skaneateles Community Center</b> , 97 State St, Skaneateles NY 13152	315-685-2266 315-685-5607
<b>Town of Salina</b> , 201 Scool Rd, Liverpool NY 13088	315-457-6661
<b>Westcott Community Center</b> , 826 Euclid Ave, Syracuse NY 13210	315-478-8634

<b>SHOPPING SERVICES:</b>	
<b>A Ride 'n' More</b>	315-435-2362
<b>Dominicks Market – Syracuse 13205</b>	315-474-0012
<b>Kinney Drug Stores</b>	Call local store
<b>Nichols Supermarket – Dan Turo</b>	315-487-4321
<b>Senior Companion</b>	315-708-9239
<b>Serving Seniors</b>	315-382-4300
<b>Syracuse Jewish Family Services</b>	315-382-4300
<b>Tyme Savers Concierge Services</b> (Must meet eligibility guidelines)	315-435-2362
<b>NOT</b> <i>Some Companion Agencies also offer shopping services or call your local grocery store to find out about shopping options.</i>	<b>***See page</b>

<b>SUPPORT SERVICES &amp; PROGRAMS:</b>	
<b>ACCESS CNY</b> <ul style="list-style-type: none"> <li>- Behavioral Therapy/Community Oriented Recovery &amp; Empowerment Services (CORE)</li> <li>- Community Support Services &amp; Environmental Modifications</li> <li>- Court Appointed Special Advocate (CASA)</li> <li>- Mental Health short-term residential program</li> <li>- Finding MD &amp; Mental Health Professionals</li> <li>- Applications: SSI, Medicaid, Section8 housing &amp; other entitlement programs</li> <li>- Children Services</li> <li>- Developmentally Disabled assistance to develop skills needed to live, work &amp; play</li> <li>- Day Habilitation</li> <li>- Developmentally Disabled &amp; Acquired Brain Injury Housing</li> <li>- Employment Services</li> <li>- Mental Health Services &amp; Family Supports</li> <li>- Respite Care and many other services for Disabled individuals</li> </ul>	315-475-2430

<b>ACR Health</b> <ul style="list-style-type: none"><li>- Aids Community Resources</li><li>- Provides support services for Chronic conditions including HIV/AIDS</li></ul>	315-475-2430
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<ul style="list-style-type: none"> <li>- Drug User Health Hub – Syringe exchange</li> <li>- Provides a wide variety of targeted prevention &amp; sexual health services</li> <li>- Serves youths through adulthood &amp; community groups to make informed and responsible decisions</li> </ul>	
<b>ALCOHOLIC OR SUBSTANCE USE SERVICES</b>	315-471-1359
<b>AMERICANS WITH DISABILITIES</b> <ul style="list-style-type: none"> <li>- Service Animals</li> <li>- Parking</li> <li>- Mobility Devices</li> <li>- Guide to Disability Law</li> <li>- Employment discrimination</li> <li>- ADA Requirements – Communication &amp; Accessibility</li> <li>- Public Accommodations</li> </ul>	1-800-514-0301 (ADA.gov)
<b>ARISE</b> <ul style="list-style-type: none"> <li>- Health Care &amp; Service Coordination</li> <li>- Finding MD &amp; Specialists</li> <li>- Consumer Directed Personal Assistance Program- (CDPAP)</li> <li>- Nursing Home Transition &amp; Diversion Medicaid Waiver Program</li> <li>- Open Doors</li> <li>- Benefits Advocacy</li> <li>- Adult &amp; Family Services</li> <li>- DME</li> <li>- Home Modification</li> <li>- Housing Advocacy</li> <li>- Education Advocacy</li> <li>- Advocacy Groups</li> </ul>	315-472-3171
<b>AURORA OF CNY</b> <ul style="list-style-type: none"> <li>- Blind</li> <li>- Deaf</li> <li>- Visually Impaired</li> <li>- Hard of Hearing</li> </ul>	315-422-7263
<b>CATHOLIC CHARITIES</b> <ul style="list-style-type: none"> <li>- Child and Family Services</li> <li>- Elder Abuse (c/o Alliance Programs)/ Elderly Support Services</li> <li>- Friendly Visitor Program</li> <li>- Neighborhood Advisor Program: town/villages/city Ext 13</li> <li>- Parish Ministry &amp; Training</li> <li>- Project Fix (In-House Repairs)</li> <li>- Representative Pavee Program</li> </ul>	315-424-1800
<b>DEVELOPMENTAL DISABILITIES SERVICES</b> <ul style="list-style-type: none"> <li>- Exceptional Family Resources/Disability Resources</li> </ul>	315-478-1462
<b>EARLY CHILD INTERVENTION SERVICES</b>	315-435-3230
<b>HUNTINGTON FAMILY CENTERS</b> <ul style="list-style-type: none"> <li>- Emergency services to West side City of Syracuse</li> <li>- Food, hygiene, supplies, diapers</li> <li>- Help to identify &amp; locate other community resources</li> <li>- Food pantry</li> <li>- Youth programs</li> <li>- Member of Syracuse Community Center Collaborative</li> </ul>	315-476-3157
<b>MENORAH PARK &amp; JEWISH FAMILY SERVICES</b>	315-446-9111
<b>NURSING HOME TRANSITION &amp; DIVERSION MEDICAID WAIVER</b>	315-472-3171



<p><b>PEACE Inc - (People's Equal Action &amp; Community Effort)</b></p> <ul style="list-style-type: none"> <li>- Family Resource Center</li> <li>- Senior Supports</li> <li>- Foster Grandparents</li> <li>- Head Start &amp; Early Head Start</li> <li>- Free Tax Prep</li> <li>- Energy &amp; Housing Services</li> <li>- Senior Nutrition Program</li> </ul> <p>Frank DeFrancisco Eastwood Community Center</p>	315-470-3300
<p><b>OFFICE OF AGING FOR ONONDAGA</b> (See pg</p>	315-435-2362
<p><b>OPEN DOORS TRANSITION CENTER - (Onondaga Co.)</b></p> <ul style="list-style-type: none"> <li>- Money Follows the Person</li> </ul> <p>Serves as a bridge between pre-discharge planning &amp; Coordination in SNF &amp; the delivery of care &amp; supportive services in the community</p>	315-472-3171
<p><b>OPWDD NYS – Office for People With Developmental Disabilities</b></p> <ul style="list-style-type: none"> <li>- Responsible for coordinating services &amp; supports for NY individuals with developmental disabilities, cerebral palsy, Down syndrome, autism spectrum disorders, Prader-Willi syndrome and other neurological impairments</li> </ul>	315-473-5050
<p><b>REFUGEE ASSISTANCE PROGRAMS</b></p> <ul style="list-style-type: none"> <li>-Refugee Resettlement Services-315-664-6499</li> <li>-Immigrant Refugee Youth association-315-664-6499</li> <li>-Refugee &amp; Immigrant Self-Power-315-214-4480</li> <li>-Catholic Youth Organization-315-424-7428</li> <li>-Catholic Charities-315-424-1800</li> <li>-United Way of CNY-315-428-2211</li> <li>-Onondaga County Public Assistance-315-435-2700</li> <li>-Interfaith Works of CNY-315-449-3552</li> <li>-Northside CYO-315-474-7428</li> </ul>	
<p><b>SALVATION ARMY</b></p> <ul style="list-style-type: none"> <li>- Holiday Giving</li> <li>- Rent &amp; Utility Assistance</li> <li>- Homeless Shelter</li> <li>- Food Pantries</li> <li>- Rehabilitation (Substance Abuse)</li> <li>- LGBTQ+ Support</li> <li>- Disaster Relief</li> <li>- Help for Domestic Abuse</li> <li>- Services for the elderly</li> <li>- Job Training</li> <li>- Veteran Services</li> <li>- Life skills Training</li> </ul>	315-434-1300
<p><b>VERA HOUSE INC</b> Victims of domestic violence <b>24-hour crisis line &amp; shelter</b></p>	315-425-0818 <b>315-468-3260</b>
<p><b>VERIZON CENTER for customers with disabilities</b></p>	1-800-262-1999
<p><b>Winds of Agape. Inc – Services to families in poverty/crisis</b></p>	315-425-0547



## SUPPORT SERVICE PROGRAMS & GROUPS:

<b>AARP</b>	1-212-319-5294
<b>AIDS/HIV Services at CDC Info</b>	1-800-232-4636
<b>Alcoholics Anonymous Service Center</b>	315-463-5011
<b>Alzheimer's Association of CNY</b>	315-472-4201
<b>American Cancer Society</b>	315-437-7025 ext. 3 or 1-800-227-2345
<b>American Diabetic Association</b>	1-800-342-2383
<b>American Heart Association/American Stroke Association</b>	315-728-7450
<b>ARISE Child &amp; Family Services</b>	315-472-3171
<b>Arthritis Foundation</b>	1-844-571-4357 or 1-917-765-2861
<b>Cancer Support Group</b>	315-472-7504
<b>Caregiver Support Group Plymouth Congregational Church</b>	315-474-4836
<b>Caregiver Support Group Syracuse Jewish Family Center</b>	315-446-9111
<b>Cope with Stroke</b>	315-263-7390
<b>Eye Care of America</b>	1-800-222-3937
<b>Hope for the Bereaved</b>	315-475-9675
<b>Kidney Foundation of CNY</b>	315-476-0311
<b>LUPUS Alliance of America</b>	315-454-9886
<b>Mesothelioma Support Group</b>	1-866-608-8933
<b>Multiple Sclerosis Society</b>	315-438-4790
<b>Senior Companion Program Interreligious Council</b>	315-449-3453
<b>Spanish Action League</b>	315-475-6153
<b>Survivors of Strokes</b>	315-464-7487
<b>Traumatic Brain Injury Group</b>	315-488-2951 ext. 402

## TRANSPORTATION OPTIONS:

- *Most transportation services require minimum 24-hour to 48 hour notice*
- *Some Companion Agencies also offer transportation services*
- *Most transportation services have weight limits*
- *Not all transportation services do stretcher transport or transport with oxygen*

<b>Adam's Apple Services Inc.</b> 106 S Artial Rd. Svracuse NY 13206	315-437-0127
<b>Affordable Transport</b>	315-863-4706
<b>American Medical Transport.</b> 103 Reed Ave Svracuse. NY 13217	315-299-4471
<b>AMR (Ambulance Service)</b>	315-471-0102
<b>ANTS (Area North Transportation Systems) (through Catholic Charities)</b>	315-424-1810 Fxt. # 11
<b>Baldwinsville Express, 76 Canton St, Baldwinsville NY 13027</b>	315-638-0097 315-638-4536
<b>Carefare</b>	315-751-3273



27 First St, Camillus, NY 13031 <i>Must be ambulatory and a resident of the Town of Camillus</i>	
<b>Centro Call-A-Bus</b>	315-442-3433
<b>CodFISH (Community of Dewitt FRIENDS IN SERVICE HERE)</b> PO Box 105, Dewitt, NY 13214 <i>Must be ambulatory and a resident of the Town of Dewitt</i>	315-463-5158
<b>City Taxi</b> , 1371 S Salina St, Syracuse NY 13202	315-471-3631 or 315-455-2966
<b>City Wide Transportation Service Inc.</b> , 345 W Newell St, Syracuse NY 13205	315-491-8533 1-304-268-3250
<b>CNY Centro Call-A-Bus</b> 200 Cortland Ave, Syracuse NY 13202	Information & Cancellation s : 315-442-34
<b>CNY Quality Transport. LLC</b> , 124 Northern Lights Dr. N. Syracuse. NY 13212	315-928-6856
<b>Empire Transport Services</b> , 222 Teall Ave. Ste 106. Syracuse. NY 13210	315-477-1487
<b>F-M FISH</b> , PO Box 413. Fayetteville NY 13066	315-637-8158
<b>Going Places</b>	315-395-2436
<b>Handle With Care</b>	315-299-6269
<b>Helping Hands</b>	315-497-3443
<b>Highland Patient Transport</b> , 6331 E. Molloy Rd. E. Syracuse. NY 13057	315-254-6287 ext. 150
<b>Horizon</b>	315-679-6779
<b>Jordan-Elbridge Transport</b> , PO Box 568. Jordan. NY 13080	315-604-1322
<b>Lake Limo</b> , 75 Fennell Street. Skaneateles. NY 13152	315-685-6679
<b>M and A Mobility Medical Transportation</b> , 1611 Lodi St. Syracuse. NY 13208	315-440-3957
<b>Medicaid Transportation Call Center</b>	315-701-7500
<b>Metro Transport</b>	315-425-0005
<b>Native American Transport</b>	315-412-3110
<b>Outbound Transport Services</b> , 421 Montgomery St., 5 <sup>th</sup> Flr. Civic Center. Syracuse. NY 13202	315-435-2815
<b>OSCAR</b> , 200 Cortland Ave, Syracuse, NY	315-422-3434 315-422-3333
<b>PACE CNY Transport</b>	315-413-3718
<b>Safe Care Transportation LLC</b>	315-491-4693
<b>Safeway Transport</b>	315-423-2324
<b>Salvation Army</b> , 677 S. Salina St., Syracuse. NY 13202	315-479-1311
<b>Senior Adult Transport</b> , 246 E. Ave., Minoa. NY 13116	315-479-1311
<b>Skaneateles FISH</b>	315-685-6679
<b>St. Camillus Health/Rehab Transportation Svcs</b> , 813 Fay Rd, Syracuse NY 13219	315-703-0752 315-488-2951 ext. 242
<b>Speedy Medical Transport</b> , 219 S Center St. E Syracuse NY 13057	315-463-7504
<b>Suburban Transportation</b> , 6327 E Molloy Rd. E Syracuse NY 13057	315-437-0058
<b>Syracuse Community Connection</b> , 401 South Ave. Syracuse NY 13204	315-766-6005
<b>Syracuse Northeast Community Ctr</b> , 716 Hawley Ave. Syracuse NY 13203	315-472-6343 ext. 206
<b>The JET (Jordan-Elbridge Transportation)</b> , 5 State Rte 31. Jordan NY 13080	315-604-1322
<b>TLC Medical Transportation Services Inc</b> , 638 Burnet Ave, Syracuse NY 13203- ( <i>Ambulance Service Only</i> )	315-422-0211
<b>Westcott Community Center</b> , 826 Euclid Ave. Syracuse NY 13210	315-478-8634
<b>Wil-Care Medical Transportation Services</b> , 662 Gifford St. Syracuse. NY 13204	315-491-8533

## VETERANS SERVICES:

<b>Adult and Long-Term Care Veterans Service Agency</b> 421 Montgomery St. 10 <sup>th</sup> Fl. Syracuse, NY 13202	315-435-3355
<b>Clear Path for Veterans</b> 1223 Salt Springs Rd, Chittenango, NY 13037 <a href="http://www.ClearPathForVets.com">www.ClearPathForVets.com</a>	315-687-3300
<b>Disabled American Veterans</b> 344W Genesee St. Syracuse NY 13202	315-423-5541
<b>Institute for Veterans &amp; Military Families at Syracuse University</b> 150 Crouse Dr. Syracuse, NY 13244	315-443-0141
<b>NYS Division Veterans Affairs</b> 333 E. Washington St. Ste 430 Syracuse NY 13202	315-428-4046
<b>United States Department of Veterans Affairs</b> 334 W Genesee St, Syracuse, NY 13202 <a href="http://www.va.gov">www.va.gov</a>	1-800-827-1000
<b>VA Medical Center</b> 800 Irving Ave. Syracuse, NY 13210	315-425-4400
<b>VA Home Care / VA Mental Health Clinic / VA Transportation Service</b>	315-425-4681
<b>VA – To Volunteer</b> your time ask for: (Dennis Fogg, Mngr.)	315-425-4681
<b>Veterans Crisis Line</b>	1-800-273-8255 Press 1
<b>For a confidential chat at VeteransCrisisLine.net or text to 838255</b>	Text 838255